

**ATHLETICS MPUMALANGA RECORDS 2017**  
TIMES WERE CONVERTED TO ELECTRONIC TIMES

Age Group	Item	Name	Record	Year		Age Group	Item	Name	Record	Year
Boys 15	100	H Pienaar	10,83	1999		Girls 15	100	H Theron	11,86	1994
Boys 15	200	J Le Hanie	22,24	1988		Girls 15	200	M Swart	24,32	2007
Boys 15	400	R Dempers	47,85	1993		Girls 15	400	L Rossouw	56,04	1991
Boys 15	800	J Le Hanie	1:55,47	1988		Girls 15	800	ML Henning	2:09,80	1992
Boys 15	1500	M Maseko	3:57,46	2000		Girls 15	1500	T Stander	4:08,18	1996
Boys 15	3000	M Maseko	8:28,99	2000		Girls 15	3000	S Stoltz	10:40,18	2014
Boys 15	100mH	J Fourie	13,21	2006		Girls 15	90mH	A du Plessis	11,34	2007
Boys 15	300mH	G Mkhwanazi	38,57	2012		Girls 15	300mH	L Mokoena	43,61	2015
Boys 15	1500SC	C Nhlapo	3:26,17	2002		Girls 15	1500SC	S Grobler	5:44,37	2001
Boys 15	High Jump	R Ziegler	1,90	1994		Girls 15	High Jump	E Human	1,71	2000
Boys 15	Long Jump	D Mahlangu	7,02	1996		Girls 15	Long Jump	D Visser	5,87	1998
Boys 15	Triple Jump	L Libombo	12,80	2009		Girls 15	Triple Jump	N Mashaba	10,98	2015
Boys 15	Shot Put	D Stebbing	18,40	2007		Girls 15	Shot Put	M Language	13,47	2015
Boys 15	Discus	S Smit	59,51	2015		Girls 15	Discus	M Vermaak	41,61	2008
Boys 15	Javelin	S van der Bank	66,53	2014		Girls 15	Javelin	S Swart	42,62	2013
Boys 15	Hammer	G Engelbecht	52,25	2001		Girls 15	Hammer	A vd Merwe	32,10	2012
Boys 15	5000m Walk	T Mabanga	32:03,40	2010		Girls 15	5000m Walk	Z Simelane	36:31,82	2008
Boys 17	100	M Olls	10,50	1986		Girls 17	100	D Visser	11,78	2000
Boys 17	200	R Dempers	20,86	1994		Girls 17	200	M Theron	24,29	1994
Boys 17	400	R Dempers	45,15	1994		Girls 17	400	Y Venter	53,32	1994
Boys 17	800	V Madonsela	1:51,31	2015		Girls 17	800	ML Henning	2:06,75	1994
Boys 17	1500	S Moleshioa	3:55,50	2003		Girls 17	1500	N Bronkhorst	4:27,81	2000
Boys 17	3000	M Mothuli	8:21,57	1993		Girls 17	3000	S Ascari	9:35,15	2000
Boys 17	110m H	A Mamuschi	13,83	2007		Girls 17	100m H	M Theron	13,04	1999
Boys 17	400m H	K Couto	52,56	2002		Girls 17	400mH	M Spies	59,83	2007
Boys 17	400mH	K Couto	52,56	2002		Girls 17	100mH	M Theron	13,04	1999
Boys 17	2000SC	M Maseko	5:33,16	2001		Girls 17	High Jump	M Snyman	1,75	1995
Boys 17	High Jump	P Uys	2,04	1993		Girls 17	High Jump	M Higgins	1,75	2012
Boys 17	Long Jump	J Pohl / M Banda	7,37	'95/15		Girls 17	Long Jump	D Visser	6,29	1999
Boys 17	Triple Jump	D Mahlangu	15,08	1998		Girls 17	Triple Jump	Z Mbuyane	11,61	2010
Boys 17	Shot Put	F Schutte	20,24	2010		Girls 17	Shot Put	S Swart	12,97	2015
Boys 17	Discus	J du Plessis	63,94	2010		Girls 17	Discus	M Venter	46,88	2002
Boys 17	Javelin	H Pienaar	71,16	1988		Girls 17	Javelin	D Bieldt	47,38	2014
Boys 17	Hammer	D Stebbing	58,66	2008		Girls 17	Hammer	Aa VD Merwe	43,34	2013
Boys 17	10k Walk	R Maseko	55:39,7	2006		Girls 17	10k Walk	J M Wolhuter	1:07,15:99	2008
Boys 17	Octathlon	G Volschenk	Gold Medal	2009						
Boys 19	100	H Coetzee	10,30	1996		Girls 19	100	I de Jager	11,85	1986
Boys 19	200	R Dempers	20,86	1994		Girls 19	200	I Potgieter	24,40	2013
Boys 19	400	R Dempers	45,15	1994		Girls 19	400	L Rossouw	54,63	1994
Boys 19	800	W Brits	1:49,40	1992		Girls 19	800	ML Henning	2:06,30	1995
Boys 19	1500	F Pretorius	3:46,42	2002		Girls 19	1500	ML Henning	4:34,70	1995
Boys 19	5000	C Nhlapo	14:41,16	2007		Girls 19	5000	S Gwala	17:38,36	2002
Boys 19	110mH	F Vermaak	14,14	2008		Girls 19	100mH	E Kleynhans	14,19	2006
Boys 19	400mH	L Herbert	51,14	1995		Girls 19	400mH	T Heystek	61,04	2010
Boys 19	3000SC	J Xaba	9:24,07	2004		Girls 19	2000SC	K Erwee	8:31,89	2001
Boys 19	High Jump	J Venter	2,15	1994		Girls 19	High Jump	A Bignaut	1,80	1984
Boys 19	Long Jump	F Fouche	7,57	1981		Girls 19	Long Jump	D Visser	6,12	2002
Boys 19	Triple Jump	P Reyneke	15,39	1975		Girls 19	Triple Jump	D Visser	11,81	2001
Boys 19	Shot Put	K Barnard	17,92	2004		Girls 19	Shot Put	M Venter	13,52	2003
Boys 19	Discus	S Reynecke	51,43	2004		Girls 19	Discus	M Venter	47,92	2003
Boys 19	Javelin	H Pienaar	75,71	1999		Girls 19	Javelin	A Maree	51,84	1971
Boys 19	Hammer	D Steenkamp	63,33	2006		Girls 19	Hammer	JA Enslin	42,90	1999
Boys 19	Decathlon	X Bosse	Gold Medal	2006		Girls 19	3000m	G Xaba	10:04,45	2013
Boys 19	10 000 W	R Maseko	56:15,70	2007		Girls 19	10 000 W	Z Mkronga	1:13,24:96	2008
Boys 19	1000m	G Volschenk	3:06,30	2009		Girls 19	3000 SC	C Grove	13:30,85	2011

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MEN					WOMEN				
Age Group	Item	Name	Record	Year	Age Group	Item	Name	Record	Year
u/23 / Sn	100	P Makgato	10,64	2012	u/23 / Snr	100	N McLaren	12,17	2014
u/23 / Sn	200	S Mahlalela	22,79	2012	u/23 / Snr	200	N Jooste	27,37	2015
u/23 / Sn	400	P Nthebe	49,03	2013	u/23 / Snr	800	M Thipe	2:32,4	2014
u/23 / Sn	800	T Basso	1:48,75	2014	u/23 / Snr	1500	G Xaba	4:33,20	2014
u/23 / Sn	1500	F Sannothe	3:47,19	2013	u/23 / Snr	5000	G Xaba	16:58,74	2015
u/23 / Sn	5000	J Thipe	15:04,05	2014	u/23 / Snr	100m H	N Jansen	15,95	2011
u/23 / Sn	110mH	W Sibiyi	14,15	2015	u/23 / Snr	400m H	T Heystek	62,39	2013
u/23 / Sn	Long Jump	N Masemola	7,10	2013	u/23 / Snr	Long Jump	N McLaren	5,88	2015
u/23 / Sn	10k Walk	N Ntshangase	32:50,29	2012	u/23 / Snr	Triple Jump	D Mgwenya	11,53	2014
u/23 / Sn	400m H	S Khumalo	58,98	2013	u/23 / Snr	Discus	H Mashibuka	16,47	2014
u/23 / Sn	High Jump	B Bester	1,85	2014	u/23 / Snr	10 000	G Xaba	36:00,78	2015

u/23 / Sn	Triple Jump	O Shabangu	13,88	2013
u/23 / Sn	Javelin	S Trust	37,80	2013
u/23 / Sn	3000 SC	B Masina	09:55,25	2015
u/23 / Sn	Shot Put	M Mnisi	10,77	2015

# MPUMALANGA SECONDARY SCHOOLS RECORDS 2017

TIMES WERE CONVERTED TO ELECTRONIC TIMES

Age Group	Item	Name	Record	Year	Age Group	Item	Name	Record	Year
Boys 15	100	H Pienaar	10,83	1999	Girls 15	100	H Theron	11,86	1994
Boys 15	200	P Kunz	22,32	2015	Girls 15	200	M Swart	24,32	2007
Boys 15	400	P Kunz	49,58	2015	Girls 15	400	A de Beer	57,72	2002
Boys 15	800	P Strydom	1:58,65	2004	Girls 15	800	E Drotsky	2:13,36	2006
Boys 15	1500	M Maseko	3:58,44	2000	Girls 15	1500	T Stander	4:08,18	1996
Boys 15	3000	M Maseko	8:28,99	2000	Girls 15	3000	A Pypers	10:39,04	2005
Boys 15	100mH	J Fourie	13,21	2006	Girls 15	90mH	A du Plessis	11,34	2007
Boys 15	300mH	G Mkhwanazi	38,57	2012	Girls 15	300mH	L Mokoena	43,23	2015
Boys 15	1500SC	G Nhlapo	3:26,17	2002	Girls 15	1500SC	S Grobler	5:44,37	2001
Boys 15	High Jump	B Schmahl	1,90	1996	Girls 15	High Jump	E Human	1,71	2000
Boys 15	Long Jump	J Laubscher	6,56	2002	Girls 15	Long Jump	N McLaren	5,63m	2004
Boys 15	Triple Jump	L Libombo	13,16	2009	Girls 15	Triple Jump	N Mashaba	10,98	2015
Boys 15	Shot Put	D Stebbing	19,14	2007	Girls 15	Shot Put	M Language	13,17	2015
Boys 15	Discus	D Stebbing	60,34	2007	Girls 15	Discus	M Vermaak	41,61	2008
Boys 15	Javelin	S van der Bank	67,10	2014	Girls 15	Javelin	S Swart	42,12	2014
Boys 15	Hammer	G Engelbecht	52,25	2001	Girls 15	Hammer	A vd Merwe	32,10	2012
Boys 15	5000m Walk	T Mabanga	32:03,40	2010	Girls 15	5000m Walk	Z Simelane	36:31,82	2008
Boys 17	100	L vd Westhuizen	10,58	2001	Girls 17	100	D Visser	11,78	2000
Boys 17	200	J van der Linde	21,20	1996	Girls 17	200	M Theron	24,29	1994
Boys 17	400	R Olivier	48,00	1996	Girls 17	400	H Du Plessis	58,41	2013
Boys 17	800	J Pretorius	1:52,29	1999	Girls 17	800	P Mnisi	2:08,76	2007
Boys 17	1500	S Moleshioa	3:55,50	2003	Girls 17	1500	N Bronkhorst	4:27,81	2000
Boys 17	3000	S Moleshioa	8:29,82	2003	Girls 17	3000	S Ascani	9:35,15	2000
Boys 17	110m H	A Mamuschi	13,84s	2007	Girls 17	100m H	M Theron	13,04	1999
Boys 17	400mH	K Joubert	52,57	2003	Girls 17	400mH	M Spies	60,15	2007
Boys 17	2000SC	T Blom	6:02,01	2001					
Boys 17	High Jump	H Hattingh	2,04	2000	Girls 17	High Jump	M Higgins	1,75	2012
Boys 17	Long Jump	M Ndlovu	7,34	2014	Girls 17	Long Jump	D Visser	6,12	1999
Boys 17	Triple Jump	R Niemand	14,34	2009	Girls 17	Triple Jump	Z Mbuyane	11,61	2010
Boys 17	Shot Put	D Stebbing	19,47	2009	Girls 17	Shot Put	S Swart	12,97	2015
Boys 17	Discus	J du Plessis	60,60	2010	Girls 17	Discus	M Venter	46,88	2002
Boys 17	Javelin	W Bouwer	65,90	2015	Girls 17	Javelin	L Lampbrecht	48,26	2015
Boys 17	Hammer	D Stebbing	57,20	2009	Girls 17	Hammer	A vd Merwe	41,00	2013
Boys 17	10k Walk	R Maseko	57:14,27	2006	Girls 17	10k Walk	J M Wluter	1:07,15:99	2008
					Girls 19	100	Y Venter	12,10	1996
Boys 19	100	L Maloka	10,98	2015	Girls 19	200	I Potgieter	24,40	2013
Boys 19	200	L Maloka	20,99	2015	Girls 19	400	Y Venter	55,60	1996
Boys 19	400	S Steyn	48,20	1996	Girls 19	800	E Drotsky	2:11,90	2009
Boys 19	800	G Grobler	1:51,06	2015	Girls 19	1500	N Sibanda	4:30,19	2007
Boys 19	1500	C Nhlapo	3:51,50	2007	Girls 19	5000	S Gwala	17:38,36	2002
Boys 19	5000	C Nhlapo	14:33,44	2007	Girls 19	100mH	E Kleynhans	14,39	2006
Boys 19	110mH	D Salton	14,14	2006	Girls 19	400mH	T Heystek	60,52	2010
Boys 19	400mH	j J Shelton	52,31	2011	Girls 19	2000SC	K Erwee	8:31,89	2001
Boys 19	3000SC	P Mtsweni	9:09,52	2007	Girls 19	High Jump	L A Nagel	1,72	2005
Boys 19	High Jump	M de Beer	2,10	2006	Girls 19	Long Jump	D Visser	6,04	2001
Boys 19	Long Jump	J Mtungwa	7,66	2008	Girls 19	Triple Jump	M du Plessis	11,67	2005
Boys 19	Triple Jump	W Sibiya	14,65	2013	Girls 19	Shot Put	M Venter	13,52	2003
Boys 19	Shot Put	D Stebbing	17,60	2010	Girls 19	Discus	M Venter	47,36	2003
Boys 19	Discus	S Reynecke	51,04	2004	Girls 19	Javelin	B Potgieter	46,35	2000
Boys 19	Javelin	H Pienaar	71,43	1999	Girls 19	Hammer	JA Enslin	42,69	1999
Boys 19	Hammer	D Steenkamp	63,33	2006	Girls 19	3000	N Sibanda	9:58,94	2007
Boys 19	10k Walk	R Maseko	58:39,84	2008	Girls 19	10k Walk	Z Mkronga	1:13,24:96	2008