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ATHLETICS MPUMALANGA

Cross Country Road Running Track and Field

1 July 2018

Good day all Cross-country friends

Newsletter 10/2018

I trust all of you still enjoy the holiday time and that every athlete is busy preparing for the last leagues and the Mpumalanga championships.

For those athletes who still need to qualify for the minimum criteria of 4 leagues, there is still one chance on the 21st of July. For an athlete to be selected for the Mpumalanga team for the SA Championships he/ she needs to complete at least 4 leagues prior to the Mpumalanga Championships of 28 July 2018. Sick letters will not be acceptable for the leagues as well as the Mpumalanga Championships.

The venues for the leagues of the 21st of July will be as follow:

- Nkangala- **Mhluzi** (Morning Program)
- Gert Sibande- **Badplaas Primary** (Morning Program)
- Ehlanzeni- **Mbombela Stadium** (Morning Program)

Please do not rely on school leagues we have no information when it will start after the holiday. No school leagues after 28 of July will take in consideration to fill up your 4 leagues as minimum criteria.

Executive Board: Paul Bester (President), Jerry Maseko, July Mavuso, Yolanda De Villiers (Vice Presidents), Theuns Luus (Cross Country), Pieter Botes (Road Running), Andries Burger (Acting Chairman-Track and Field), DP Badenhorst, Janine Botes (Additional members).

I want to ask all athletes who still do not have a permanent race number to ensure they get it before the Mpumalanga championships as no athlete can be selected for the team without a permanent race number. There will be no temporarily numbers available for the SA Championships.

The contact detail of the District co-ordinators is:

- *Nkangala: Mari- 083 233 2677*
- *Gert Sibande: Michael- 082 336 0662*
- *Ehlanzeni: Boikie- 082 977 1665*

Please make sure you hand in a copy of your birth certificate with an ID photo or your Identity document. It was supposed to be handed in before the 31st of May 2018. You can hand it in at the league or you can scan and email it to me or the office.

Yours in athletics



THEUNS LUUS
CHAIRMAN: CROSS COUNTRY COMMISSION
083 630 8729

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