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ATHLETICS MPUMALANGA

Cross Country Road Running Track and Field

14 July 2018

Good day all Cross-country friends

Newsletter 11/2018

I trust you all are well and that all of us enjoyed the well-deserved holiday. The last round of leagues will recommence on the 21st of July and the different venues will be as follow:

- *Nkangala- **Mhluzi** (Morning Program)*
- *Gert Sibande- **Badplaas Primary** (Morning Program)*
- *Ehlanzeni- **Mbombela Stadium** (Morning Program)*

For those athletes who still need to qualify for the minimum criteria of 4 leagues, please make use of this leagues as there will be no school leagues this year where you can make up your 4 leagues with one of the school leagues. Sick letters will not be acceptable for any leagues as well as for the Mpumalanga Championships.

I want to ask all athletes who still do not have a permanent race number to ensure they get it before the Mpumalanga championships as no athlete can be selected for the team without a permanent race number. There will be no temporarily numbers available for the SA Championships.

Executive Board: Paul Bester (President), Jerry Maseko, July Mavuso, Yolanda De Villiers (Vice Presidents), Theuns Luus (Cross Country), Pieter Botes (Road Running), Andries Burger (Acting Chairman-Track and Field), DP Badenhorst, Janine Botes (Additional members).

Regarding the program for the Mpumalanga Championships, there was again a very small change on the program. You will see the under 9 and 10 boys is now right after the girls under 9 and 10. This is just to make it easier to get the age groups together as far as possible. It should not have an influence on your planning.

The rest will be the same as the last email I sent out on the 10th of July but I will attach it to this email. For those who still are not sure about the date of the Mpumalanga Championships, it will take place on the 28th of July at the HTS Middelburg Hockey Fields and it will start at 9h30. The entries will be from 8h00. Athletes can register close to the time of their run but athletes must be at the control room not later than 20min from their start time.

I will also add the data base again. Those reply I got from the athletes I changed, although there can be a few I missed, please check again as there was cases where people used different names for the same person i.e. nicknames or second names. If there is any necessary changes, I will check the raw data and do the corrections where necessary.

The contact detail of the District co-ordinators is:

- *Nkangala: Mari- 083 233 2677*
- *Gert Sibande: Michael- 082 336 0662*
- *Ehlanzeni: Boikie- 082 977 1665*

I will ask again, if your ID document is not handed in yet, please make sure you hand it in. I can not select you to the team without an ID document. I requested this from the beginning of the leagues

Yours in athletics



THEUNS LUUS
CHAIRMAN: CROSS COUNTRY COMMISSION
083 630 8729

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