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## **ATHLETICS MPUMALANGA**

*Cross Country      Road Running      Track and Field*

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31 July 2017

*Good day all Cross Country friends*

### **NEWS LETTER 15/2017**

*The past weekend we had our leagues at Machododorp Primary, Breyten Primary and Karino Meridian where it went very well. The results are attached.*

*I want to ask each athlete and coach to make sure that their athletes comply with the rules as communicated to you from the beginning of the season:*

- 1. The Mpumalanga Championships will take place on 12 August 2017 at Curro in Nelspruit.*
- 2. Entry fees for the Mpumalanga Championships will be **R30**. Temporary numbers for the unlicensed athletes of 13 years and older will be available at **R30**.*
- 3. Athletes and coaches must make sure that the entry sticker they buy is completed correctly and in **FULL**. A contact number must be clearly written on the sticker*
- 4. To be considered for the Mpumalanga team the athletes should have participated in at least **4 leagues** BEFORE 12 August 2017.*
- 5. Remember: Inter Provincial only counted as a league for athletes who were **not** part of the Mpumalanga Team. If you participated as a part of the selected team at the Inter Provincial, it **DOES NOT** count as a league.*
- 6. Athletics Mpumalanga will accept **only 1 school league** (in the place of one of the AMPU Leagues) to assist athletes to make up the minimum of 4 leagues. Confirmation of the athletes' participation (on an official, stamped letter from the school and signed by the coach and Principal) need to be submitted **not later than the 8<sup>th</sup> of August 2017**.*
- 7. Athletes must participate in their school or club attire. No athlete will be allowed on the podium to receive a medal without their attire.*
- 8. Athletes who attempts to participate/participated in Provincial attire will be disqualified and will not be considered for the Provincial team.***
- 9. A maximum of 18 athletes are allowed per age group. We will however base our decision on the athletes' performance (running time/position) at the Mpumalanga Championships. AMPU withholds the right to select less than the allowed 18 athletes per age group.*

**Executive Board:** Paul Bester (President), Jerry Maseko, July Mavuso, Yolanda Steenkamp (Vice Presidents), Theuns Luus (Cross Country), Pieter Botes (Road Running), Andries Burger (Acting Chairman-Track and Field), DP Badenhorst, Janine Botes (Additional members).

10. Athletes (**13 years and older**) who are selected for the Mpumalanga team **MUST** have a permanent number if they want to participate on the SA Championships.

It is your responsibility to make sure you obtain a 2017 ASA license number from an affiliated club in your area (list attached). You/your club then need to inform me of your 2017 license number before **20 August 2017** and it need to be on the ASA system. Athletes who have not submitted license numbers by then will be removed from the team.

11. Athletes who are selected for the Mpumalanga team must pay an administration fee of **R30 on 12 August 2017**.
12. Athletes who are selected for the Mpumalanga team and want to make use of the transport must pay **R200 on 12 August 2017**.
13. The athletes who have paid for transportation will depart from the 3 areas on the Saturday morning of the SA Championships (9 September 2017).

We are still looking at an alternative option for the athletes of the Ehlanzeni area (possibly travelling to Middelburg on the Friday of the 8 September 2017). We will however communicate this **and any accommodation cost** directly to the athletes of the Ehlanzeni bus. Contact details are there for very important.

At last I want to thank Curro Nelspruit especially to Johan Pretorius and his team for making their facilities available to Athletics Mpumalanga to host the 2017 Mpumalanga Championships.

**All information will also be updated to our website. Please visit our website for results and newsletters at [www.athleticsmpumalanga.co.za](http://www.athleticsmpumalanga.co.za)**

Should you have any further enquiries which your District Co-ordinator cannot assist you with, please contact me at 083 630 8729.

Yours in athletics



**THEUNS LUUS**  
**CHAIRMAN: CROSS COUNTRY COMMISSION**  
**083 630 8729**

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