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## **ATHLETICS MPUMALANGA**

*Cross Country      Road Running      Track and Field*

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*March 31, 2019*

*Good day all Cross-Country friends*

### **Newsletter 2/2019**

*The second league will take place on the 6<sup>th</sup> of April 2019 and the venues will be:*

- *Nkangala- HTS Middelburg, Middelburg (Morning Program)*
- *Gert Sibande- Sasol Secunda stadium (Morning Program)*
- *Ehlanzeni- HALLS, Definition Athletics club (Morning Program)*

*The third league will take place on the 13<sup>th</sup> of April 2019 and the venues will be:*

- *Nkangala- Cambridge school, Emalahleni (Morning Program)*
- *Gert Sibande- Ligbron High School, Ermelo (Morning Program)*
- *Ehlanzeni- Bushbuck Ridge, Karino Maredian (Morning Program)*

*The criteria for 2019 will follow with the next newsletter. All athletes must make sure they are wearing the correct attire of their club or school. All athletes must wear their permanent ASA number or will have to buy a temporary number at the event.*

**Executive Board:** Paul Bester (President), Jerry Maseko, July Mavuso, Vacant (Vice Presidents), Theuns Luus (Cross Country), Pieter Botes (Road Running), Andries Burger (Acting Chairman-Track and Field), DP Badenhorst, Janine Botes (Additional members).

*The entry fee for 2019 will be R30. Athletes who need to buy a temporary number will pay R30 for the number which will be available on the day of the race. This number is only valid for one race.*

*The contact detail of the District co-ordinators are:*

- *Nkangala: Mari- 083 233 2677*
- *Gert Sibande: Michael- 082 336 0662*
- *Ehlanzeni: Boikie- 082 977 1665*

*We attach an example of an entry sticker. Please make sure it is completed in fully.*

*I want to emphasise again, athletes can run in any of the 3 areas, irrespective in which area you are stay.*

*Remember to hand in your registration form with a copy of your birth certificate. Attach an ID photo or your Identity document. This need to be done before the 31<sup>st</sup> Of May 2019.*

*Yours in athletics*



**THEUNS LUUS**  
**CHAIRMAN: CROSS COUNTRY COMMISSION**  
**083 630 8729**

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