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ATHLETICS MPUMALANGA

Cross Country Road Running Track and Field

15 April 2018

Good day all Cross country friends

Newsletter 4/2018

The second league took place this past weekend at all three the areas and I did already receive the results of the races at Cambridge. Also, thank you very much to all the venues where the leagues took place. I did get good feedback from all the people I communicated with. I will add the results of Cambridge and as soon as the results of the other 2 areas are available, I will forward you the feedback.

I want to make excuse for the shortage of the temporary numbers at the past two leagues. This is also a new change to our arrangements and we try to make sure at the next leagues there will be enough. This did not exclude any athlete at the leagues. I already arrange for enough numbers at the following leagues.

The third league will take place on the 21st of April 2018 and the venues will be. Please take note the league at Curro school will be an afternoon league and will start at 13h00. See attached program (same structure as morning program):

- *Nkangala- No league*
- *Gert Sibande- Secunda Stadium (Morning Program)*
- *Ehlanzeni- Curro School, Nelspruit (Afternoon Program)*

Executive Board: Paul Bester (President), Jerry Maseko, July Mavuso, Yolanda Steenkamp (Vice Presidents), Theuns Luus (Cross Country), Pieter Botes (Road Running), Andries Burger (Acting Chairman-Track and Field), DP Badenhorst, Janine Botes (Additional members).

Please take note there will be no leagues at the 28th of April 2018 due to the long weekend.

I will add the program as well as the criteria of 2018, please read through it to make sure you follow the rules for the 2018 leagues.

*All athletes must make sure they are wearing the correct attire of their club or school. Remember as from 2018 **all** athletes must wear their permanent ASA number or will have to buy a temporary number at the event.*

The entry fee for 2018 will be R30. Athletes who need to buy a temporary number will pay R30 for the number which will be available on the day of the race. This number is only valid for one race.

The contact detail of the District co-ordinators are:

- *Nkangala: Mari- 083 233 2677*
- *Gert Sibande: Michael- 082 336 0662*
- *Ehlanzeni: Boikie- 082 977 1665*

I want to emphasise again, athletes can run in any of the 3 areas, irrespective in which area you are stay.

Remember to hand in a copy of your birth certificate with an ID photo or your Identity document. This need to be done before the 31st Of May 2018.

Yours in athletics



THEUNS LUUS
CHAIRMAN: CROSS COUNTRY COMMISSION
083 630 8729

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