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ATHLETICS MPUMALANGA

Cross Country Road Running Track and Field

21 May 2018

Good day all Cross-country friends

Newsletter 7/2018

The results of league 6 are available and will be attach. Again, I want to thanks Curro Bankenveld (Nico), Breyten Primary (Louis) and Bergland Primary (Tian) who host the three leagues for us and the feedback from all three areas was very good. Also, to the coordinators (Michael, Boikie and Mari) I want to thank each off you for the support to the leagues. The past Saturday was special as we selected the team for the Inter-provincial championships that will take part on the 16th of June 2018.

Congratulations to those athletes who was selected to the team and all of the best when we take the other provinces on.

There are just a few arrangements:

- 1. Mpumalanga Textiles will be at the leagues of this coming Saturday where you can get your Running vest and short for your own cost. No tracksuits will be allowed.*
- 2. Athletes who do not want to get any attire can run in their club or school attire at the Interprovincial championships.*
- 3. If an athlete can not join the team, you need to inform me at least 1 week before the 16th of June. Without inform us, you will disqualify yourself for the Mpumalanga team selected for the SA Championships. **PLEASE DO NOT STAY AWAY WITHOUT***

Executive Board: Paul Bester (President), Jerry Maseko, July Mavuso, Yolanda De Villiers (Vice Presidents), Theuns Luus (Cross Country), Pieter Botes (Road Running), Andries Burger (Acting Chairman-Track and Field), DP Badenhorst, Janine Botes (Additional members).

INFORM US, YOU WILL TAKE AWAY ANOTHER ATHLETES CHANCE TO RUN AT THE CHAMPIONSHIPS.

- 4. The program for the Interprovincial championships will follow soon as soon as I receive the final program.*
- 5. Athletes who are not selected for the team are welcome to run on the 16th of June, but as an individual athlete. These athletes can run in there club or school attire.*

The leagues will take place on the 26th of May 2018 and the venues will be as follow:

- Nkangala- Hockey Farm, Emahlahleni (Morning Program)*
- Gert Sibande- Oosterland High School (Morning Program)*
- Ehlanzeni- Ingwenyama Lodge, White River, (Afternoon Program)*

The Cross-country committee made the following change in the criteria to be considered for Mpumalanga colours (tracksuit). The following 2 criterias will be taken in consideration to decide if an athlete can get his Provincial colours:

- 1. An athlete must meet the following: At least participate in four leagues through the season; be selected for the Interprovincial Championships and participated on the championships; selected for the Mpumalanga team for the SA Championships and participated in the SA Championships*

or

- 2. At least be selected for 2 time in a row for the Mpumalanga team for the SA Championships and participated in both these events. This change will only start for the results of the last two years (2017 and 2018).*

I want to ask all athletes who still do not have a permanent race number to ensure they get it before the Mpumalanga championships as no athlete can be selected for the team without a permanent race number. There will be no temporarily numbers available for the SA Championships.

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The contact detail of the District co-ordinators is:

- *Nkangala: Mari- 083 233 2677*
- *Gert Sibande: Michael- 082 336 0662*
- *Ehlanzeni: Boikie- 082 977 1665*

Please make sure you hand in a copy of your birth certificate with an ID photo or your Identity document. This need to be done before the 31st Of May 2018. You can hand it in at the league or you can scan and email it to me or the office.

Yours in athletics



THEUNS LUUS
CHAIRMAN: CROSS COUNTRY COMMISSION
083 630 8729

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