

# EMBALENHLE BUTCHERY AND SIMUNYE SERVICE STATION 3IN1 RACE

Hosted by: [SASOL MARATHON CLUB](#)



SIMUNYE SERVICE STATION

**Race distances:**  
**21.1km; 10km & FUN RUN**

**DATE:** 10<sup>th</sup> October 2015

**Racing start time: 06:00**  
**Fun run: 06:10**

**VENUE:** [Embalenhle House of Praise next to Thomas Nhlabathi High School](#)

Registration on the race day from 04:00 at the venue (Embalenhle House of Praise next to Thomas Nhlabathi High School)

## Entry fee

21.1k      R60.00  
10 km      R40.00  
4.9km      R20.00  
Temp licenses    R25.00  
No temp licenses for 4.9 km fun run

## Cut off times

10 km .....2:00 @08:00  
21.1 km.....3:30 @09:30

## Race Rules

Obey All Traffic officials and Race marshals.

The race will be run according to the rules of the IAAF and ASA

No seconding will be allowed.

Ages: Athletes for 10km must be 14 years or older on the day of the race.

Athletes for 21.1km must be 16 years or older on the day of the race

Proof of age (ID) to be produced upon request on day of race

All athletes will participate at their own risk.

Registered athletes must wear full club colours

2015 license numbers on the front and back of the vest.

Temp license at the front on the vest

Age category ID tags must be worn (back and front) by athletes competing for a category prize AND must be fixed on vest all 4 corners

Walkers must have a fixed W on the vest to qualify for any prizes

NB: To qualify for community incentive: Proof of Embalenhle residence will be required on the race day. For pastors and church members you must be a member of the participating church (For more information contact your Embalenhle church or race organizing committee)

No I-pods / Electronic devices allowed during the race.

Referees DECISION IS FINAL

## **Contact details of the race organizers**

Thami Skhosana: 082 569 9176  
Abednego Sibanyoni: 082 332 9448  
July Mavuso: 082 806 1352

## MEDALS & PRIZES

All finishers will receive medals

### Men & Ladies Price money

21.1Km			Junior 21.1 KM			10 km		Junior		
open	Men	Female	Men	Female		open	Men	Female	Men	Female
1	1000	1000	750	750		1	500	500	500	500
2	750	750	500	500		2	400	400	400	400
3	500	500	350	350		3	300	300	300	300
4	300	300				4	250	250	250	250
5	200	200				5	200	200	200	200
40+ 1										
1	500	500				1	400	400		
2	300	300				2	200	200		
3	200	200								
50 +1										
1	400	400				1	300	300		
2	250	250				2	200	200		
3	150	150								
60+1										
1	300	300				1	250	250		
2	200	200				2	150	150		
70 +1										
	300	300				1	200	200		
Walker 1										
1	300	300					200	200		
2	200	200					150	150		
Embalenhle Community Incentive										
			Men	Female						
Community Member			500	500						
First member of participating church			500	500	First Pastor to complete Race	500	500			