

4-IN-1 MBOMBELA RACE

Proudly brought to you by

Umsebe Accord

Alliances 4 Growth, Equity & Empowerment

Sat 24 /10/2015

@ 06:00 am

Entries at Mbombela Stadium:

Fri 23/10/15 from 2pm & Saturday

24/10/15 at 5am



21,1km – R50 / 10km – R25 / 4,9km – R10 / 2,5km – R5

MENS AND LADIES PRIZE MONEY

Cat	21.1km	10km	Cat	21.1km	10km
1st Open	R 1 000	R 500	1st 40+	R 200	R 200
2nd Open	R 500	R 250	1st 50+	R 200	R 200
3rd Open	R 250	R 200	1st 60+	R 200	R 100
1st Walker	R 100	R 100			

The School with the most entries will win a Prize!



sembcorp
silulumanzi



Yolanda 084 607 6314 * Mariet 082 092 6406

info@marathonclubnelspruit.co.za

4-IN-1 MBOMBELA RACE

ENTRY FORM

21,1km 10km 4,9km 2,5km

Surname											
First name(s)											
Identity number	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Address											
Email address											
Club											
Tel No	(H)					(W)					
Cell No											
2015 Licence number						Age			Sex		
Category	J		S		40		50		60		

I hereby indemnify the sponsors and organisers against any claims that may result from participation.

I undertake to abide by all ASA and Mpumalanga Athletics rules.

Referee's decision is final. Obey all traffic officials and race marshals

The race will be run according to the rules of the IAAF and ASA.

No seconding will be allowed.

Ages: Athletes for 10km must be 15 years or older on the day of the race

Athletes for 21.1km must be 18 years or older on the day of the race

Athletes for 42.2km must be 20 years or older on the day of the race

All athletes will participate at their own risk.

Proof of age (ID) to be produced upon request on race day.

Registered athletes must wear full club colours.

2015 licence number at the front of the vest and the race number also on the front of the vest. Temp. licence at the back of the vest.

Age category ID tags must be worn (back and front and fixed to the vest at all 4 corners by athletes competing for a category prize.

Walkers must have a fixed W on the vest to qualify for any prizes.

No music or headphones of any form allowed during the race

MEDALS TO ALL FINISHERS

Signature: _____

Signature: _____

Parent or guardian if under 18 years old

School:.....

21,1km – R50

10km – R25

4,9km – R10

2,5km – R5

PAYMENT DETAILS

Nelspruit Marathon Club

ABSA Bank - Nelspruit

Branch code: 334-252

Cheque Acc: 40 5537 4317

Reference: Surname and name

FAX ENTRY AND PROOF OF PAYMENT TO:

086 527 8746 or email to

info@marathonclubnelspruit.co.za

Please have entry form and proof of payment available when collecting your race number!