



**ESKOM ATHLETIC  
MARATHON CLUB MPU  
PRESENTS:**

# **Spur Steak Ranch Race 2016**

**DATE: Wednesday - 02 March 2016**

**VENUE: Misty Creek Spur**

C/O: Paul Sauer & Da Vinci St, Shop 1, Ben Fleur Boulevard Shopping Centre  
Ben Fleur, Emalaheni

**TIME: Starts at 19:00**

**DISTANCES: 4.9 Fun Run & 10Km**

**ENTRIES: As from 17h00**

## **ENTRY FEES:**

**4.9Km R30**

**10 Km R50**

**Temporary License R25**

**Grand Masters R30**

**Disabled Persons R30**

**Cut-off time: 1:45**

**MEDALS TO ALL FINISHERS  
THERE WILL BE PRIZE MONEY FOR  
ALL CATEGORIES**

**ASA Rules apply**

**Rules & Regulations**

**No seconding will be allowed.**

**No i-phones or Walkman's allowed.**

**No dogs.**

**Obey traffic officials and race marshals.**

**Athletes for 10km must be 14 years or older on the day of the race.**

**Races presented according to the rules of the MRR and ASA.**

**All athletes will participate at their own risk.**

**Proof of age to be produced upon request on day of race and for collecting prize money.**

**Registered athletes must wear full club colors and 2016 license numbers.**

**Age category I.D. tags must be worn (back and front) by athletes competing for a category prize.**

**Provincial No. on the FRONT and back.**

**Parking at own Risk . NO TOG BAG AREA.**

**CONTACT DETAILS:**

**PAUL BESTER (ESKOM ATHLETIC CLUB MPU): 082 966 7767**

## Prize money equal for men & women

CATEGORY	10KM LADIES	10KM MEN
1 <sup>st</sup> Open	R200	R200
2 <sup>nd</sup> Open	R150	R150
3 <sup>rd</sup> Open	R100	R100
1 <sup>st</sup> 40+	R150	R150
2 <sup>nd</sup> 40+	R100	R100
1 <sup>st</sup> 50+	R150	R150
2 <sup>nd</sup> 50+	R100	R100
1 <sup>st</sup> 60+	R150	R150
1 <sup>st</sup> Junior	R150	R150
1 <sup>st</sup> Walker Open	R150	R150

**Most School participants Prize!!**

**1<sup>st</sup> R750**

**2<sup>nd</sup> R500**

**Only more than 20 pupils qualify!**



**GPS  
CO-ORDINATES  
25.901715  
29.269037**

### Misty Creek Spur

Cnr Paul Sauer &  
Da Vinci St, Shop 1,  
Ben Fleur Boulevard  
Shopping Centre  
Ben Fleur,  
Emalahleni

