

Run through the famous Halls Estate past rippling rivers and through the cane fields! Get a close up view of the new Mbombela Stadium, see the avocado, pecan and荔枝 orchards! Cross over the Crocodile River with a possible hippo sighting!

# HALLS RACE

21KM | 10KM | 3KM

**DATE:** 09 July 2016

**TIME:** 10km & 21km starts at 07h00 (Fun Run at 07h10)

**ENTRIES:** Entries at venue from 15h00 to 18h00 on the 8th July 2016 and from 05h30 on the 09th July 2016 (Race Day)

**DISTANCE:** 21.1km /10km and 3km Fun Run

**ENTRY FEE:** 21km - R60, 10km - R40, 3km - R20 per entrant

**ONLINE ENTRIES AT:** R25 - temporary Licenses for 10km and 21km ONLY  
www.enteronline.co.za

**CLOSING DATE:** 06/07/2016 (For online entries)

**VENUE:** HALLS GATEWAY TO THE LOWVELD

On the Johannesburg Road (N4) 4km's from Nelspruit

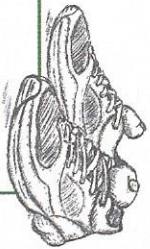
**ENQUIRES:** Mark Greeff - 079 881 3582

## STANDARD CATEGORY PRIZES – 21KM/10KM

Medals to all official finishers | Cash prize and fantastic spot prizes  
Race run according to ASA rules | Refreshments and food available

## FOR THE NOT SO SERIOUS RUNNERS – THERE IS A FUN RUN OF 3KMS

Business and school team prizes (Fun run ONLY)



## PRIZES

# 21KM RACE 10KM RACE

1st Senior	R750	1st Senior	R500
2nd Senior	R400	2nd Senior	R200
3rd Senior	R250	3rd Senior	R100
1st Junior	R125	1st Junior	R 75
1st Veteran	R250	1st Veteran	R 75
1st Master	R150	1st Master	R 75
1st Grand Master	R150	1st Grand Master	R 75
1st Walker	R150	1st Walker	R 75

First Name \_\_\_\_\_

Surname \_\_\_\_\_ Identity No \_\_\_\_\_

Address \_\_\_\_\_

Club \_\_\_\_\_ Date of birth \_\_\_\_\_

Tel / Cell \_\_\_\_\_ Email \_\_\_\_\_

2016 ASA License number \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Category J\*  | S  | 40+  | 50+  | 60+  | W

Online entries: [www.enteronline.co.za](http://www.enteronline.co.za) before 06/07/2016

Entry 21,1 km - R60  | 10km - R40  | 3km - R20

Temporary number: R25  | Fun run teams - 6 People per Team - R120

## BANKING DETAILS FOR PRE-ENTRY – CLOSING DATE 06/07/2016

(Email proof of payment & entry form to [lvccrun@gmail.com](mailto:lvccrun@gmail.com) or fax 086 517 8324

Acc. Holder: Nedbank LVCC Running Club, Bank: Nedbank Account No 1121360629,

Branch Code: 198675 (Nelspruit)

## INDEMNITY

I take part at my own risk and I do not hold the organizers, sponsors, and traffic department or any other body or person responsible for any injury or adverse effect, which the event have on me. The race is run according to the rules of ASA.

Signature \_\_\_\_\_ Parent or Guardian if under 18 yrs \_\_\_\_\_

## REFEREES DECISION IS FINAL

- Obey all traffic officials and race marshals.
- The race will be run according to the rules of the IAAF and ASA
- No seconding will be allowed
- Ages: Athletes from 10km must be 14 years or older on the day of the race  
Athletes from 21km must be 16 years or older on the day of the race
- Proof of age (ID) to be produced upon request on the day of race.
- All athletes will participate at their own risk.
- Registered athletes must wear full club colours.
- 2016 License number on the front and back of the vest.
- Temp license at the front of the vest.
- Remember to fill in the temporary license tear-off slip and give back to the organizer.
- Age category ID tags must be worn (back and front) by athletes competing for a category prize AN
- must be fixed on the vest on all four corners.
- Walkers must have a fixed W on the vest to qualify for any prizes.
- 10% Levy of entry fee must be paid over to Athletes Mpumalanga by race organizer.
- No I-pods allowed during the race.