

SASOL MARATHON CLUB 3 in 1 NIGHT RACE 2016



Date: 02 November 2016

Starting point Sasol Recreation Club, Nelson Mandela Drive, Secunda

GPS Navigation S26°31'14.27" –E29°11'13.10"

Time
10km – 19:00
Fun Run (4.9 km) – 19:05
Fun Run (2 Km) – 19:05

Entries Open 17:00

Race information 082 806 1352 / july.mavuso@sasol.com
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Medals to all finishers
Equal Prize money for men and women

	10KM
1 st Open	R400
2 nd Open	R300
3 rd Open	R200
1 st 40 – 49 years	R300
2 nd 40 – 49 years	R200
1 st 50 – 59 years	R200
2 nd 50 – 59 years	R150
1 st 60+ years	R100
1 st Walker (official)	R200
1 st Junior	R300
2 nd Junior	R150

Entry Fees

- 10 KM R50
- Fun Run - 4.9Km R30
- Fun Run - 2km R20
- Great Grand Masters Free
- Temporary Licences R25

Rules

- 1 All participate at their own risk, and by their entry indemnify the organisers and sponsors of any liability.
- 2 All participants must wear a valid 2016 licence on the back and front. Unlicensed runners must buy a temporary licence to be worn on the front and pinned at all four corners
- 3 Race will take place under the rules of ASA, AMPU and IAAF. All participants to wear club colours or plain white top, vest or t-shirt if participating with a temporary licence. Decisions by race referees are final.
- 4 Minimum age for 10km – 14 years.
- 5 Foreign athletes must observe IAAF rule 4 paragraph 2.
- 6 No pets allowed.
- 7 No blade, cyclist or mechanically operated devices, nor wheelchairs.
- 8 Traffic officers & marshals to be obeyed at all times.
- 9 Category tags to be worn on front and back. Positive identification required for all category winners.
- 10 No earphones to be worn while running