

RACE INFORMATION

DATE: SATURDAY 22 APRIL 2017

50km Ultra Marathon (Seeding for Comrades) & 21,1km Wild Challenge

MARATHON ADMINISTRATION OFFICE

Middelburg Marathon Club

Tel: +27 (0)13 243 2683

Cell: +27 (0)64 771 5967 / +27 (0)64 772 9183

Email: loskopmarathon@foreversa.co.za

ENTRIES

- Entry Fees:
50km Ultra Marathon: R290
21,1km Wild Challenge: R185
(Including Athletics Mpumalanga levy)
- Entries are limited as follows:
50km Ultra Marathon: 3 500 participants
21,1km Wild Challenge: 1 500 participants

3. Closing Date: 4 March 2017 @ 17:00

Only entries received before this date will be confirmed by SMS/email.
Official race t-shirts will also be issued only to these entrants.

- We regret no wheelchairs are allowed.

TEMPORARY LICENSES

Available from the Race Administration Office @R25 each. BOOK AND PAY WITH ENTRY.

WATER POINTS & REFRESHMENTS STATIONS

Refreshment stations will provide Coke and purified water sachets.

- 50km Ultra: every 3km for the 1st half and every 2,5km for the 2nd half of the route.
- 21,1km Wild Challenge: every 3km

COURSE RECORDS

Due to the extensive road upgrading the route elevation has changed and therefore the "old" route records are not applicable anymore.

But, a time incentive bonus will be used this year and will be paid to the first athlete per category to finish within the set time and are as follow:

- Men: 02:44:03 R 15 000
- Women: 03:14:37 R 15 000
- Veteran Men: 02:47:53 R 5 000
- Veteran Women: 03:27:03 R 5 000

COMRADES QUALIFIER & SEEDING

See Comrades website: www.comrades.co.za for qualifying or seeding details.

GENERAL INFORMATION

NUMBER COLLECTION NUMERICAL (IMPORTANT: Please provide proof of payment and your allocated race number as sent per sms/email to collect your race number/package)

50km Ultra:

- Friday: 12:00 -20:00 & Saturday from 04:30 - Municipal Offices, Middelburg

21,1km Wild Challenge:

- Friday: 12:00 • 20:00; Saturday 04:30 • Damwal Complex

THE START: ULTRA 06:00 & WILD CHALLENGE: 06:30

- 50km Ultra: Municipal Offices, Wanderers Ave, Middelburg: Strictly 06:00
- 21,1 km Wild Challenge; Loskop Nature Reserve, Damwal Complex: Strictly 06:30
- Secure FREE Parking
- Coffee@ R10-00 from 04:30 on race day at both START venues
- Pasta buffet@ R90 per person at the Loskopdam Restaurant

THE FINISH

- Both the 50km Ultra and the 21,1km Wild Challenge will finish at Loskopdam, a Forever Resort.
- Athletes will receive a maximum of three (3) entry vouchers to the Resort. These vouchers will be attached to your race number. Should you enter the Resort prior to collecting your free entry vouchers, you must pay the normal entry fee. You may then redeem these vouchers, with proof of payment, for a refund at reception.
- Only runners wearing official race numbers clearly visible on the front of their club vests will be allowed to enter the finishing area.

PRIZE GIVING

- Winners MUST redeem their prize-vouchers at Loskopdam reception after the prize giving
- Unclaimed vouchers after race day will be nullified
- Trophies, gold medals and other prizes will be awarded after the races. Prize-giving will take place at the stage area next to the finish line.
- PLEASE NOTE: Official prize-giving times: 21,1 km: 11:30 & 50km: 12:00

TOG BAGS

Transport of tog bags & race t-shirt in string-bag will be available from both venues to the finish at Loskopdam, free of charge (at owners' own risk). Use the numbered tags provided to collect your bag at the finish. PLEASE USE OWN PLASTIC BAG IN CASE IT RAINS as the vehicle used is an open truck!

PHOTOS

Runner's photos will be taken by Jetline Action Photo on request. For more detail visit the official websites: www.loskopmarathon.co.za / www.jetlineactionphoto.com

BUSS TRANSPORT 50KM ONLY

 (Pre-booked and pre-paid only)

- Buss transport will be provided to the 50km START in Middelburg from Loskop Dam.
- Busses will depart strictly from 04:00-04:45. Only 750 tickets available, one per athlete.
- Tickets will be allocated on a first-come first served basis and to athletes ONLY. NO TRANSPORT WILL BE AVAILABLE FROM MIDDELBURG. ATHLETES ARE REMINDED THAT THE ROAD TO LOSKOP WILL CLOSE AT 05:00.
- Busses returning to Middelburg leaves from 13:00. Last buss leaves Loskop@ 14:00!
- Buss tickets (50km only) must be pre-booked with race entry at a cost of R85 per ticket.
- NO buss tickets will be sold separately or on race day!

FREE SHUTTLE SERVICE: 21,1 km (Athletes only)

A free shuttle service to drop off athletes at the registration/start of the 21,1 km and Fun Run will be provided from the Resort Main Entrance from 05:00!! (Strictly no spectators/parents/supporters)

RACE T-SHIRT IN STRING BAG

- Only athletes who entered BEFORE the official closing date will qualify for a race t-shirt - Sizes will be allocated on availability upon entry
- RACE T-SHIRT TO BE COLLECTED PRIOR to the race with your race-pack containing race number & timing-chip.
- T-shirt in string-bag can be sent to the finish by using the tog-bag truck positioned at the start, if so required.
- Non finishers & possible exchanges ONLY after 13:00 on race day at the tunnel - this subject to availability.

MAKE YOUR CONTRIBUTION TO CONSERVATION!

PLEASE contribute to conservation in the Loskop Nature Reserve:

- Make a contribution to Friends of Loskop with your entry or
- ENTER your family in the RHINO FUN RUN

THE 4,9km RHINO FUN RUN

This family Fun Run takes place on Saturday, 22 April 2017, from the start of the 21,1 km Wild Challenge (near the Dam wall). This unique run will be towards the Resort along the dam. You may enter on race day at the start from 05:00. R35 per entry and contribute towards the FRIENDS OF LOSKOP CONSERVATION FUND.

No prize-money will be awarded, but all finishers will receive a medal. Walkers are also welcome. The Fun Run starts at 06:45.



ACCOMMODATION

LOSKOPDAM, A FOREVER RESORT

Contact us at: Loskopdam, a Forever Resort

Tel: +27 (0)13 262 3075

Email: loskopres@foreversa.co.za

Bookings for accommodation may be made in advance.

Please speak
to Reception

ALTERNATIVE ACCOMMODATION

ALTERNATIVE ACCOMMODATION CAN BE RESERVED AT:

Middelburg Info Centre • Central Reservations • Tel: +27 (0)13 243 2253/4

• Website: www.midinfo.co.za • or **Contact the Loskop Marathon**

Admin Office • Tel: +27 (0)13 243 2683 or Cell: 060 358 8546; • Email:

loskopmarathon@foreversa.co.za

RACE RULES

- 2017 License numbers must be worn. Race number on the front of your vest.
- Official timing chip MUST be attached to the shoe or as per instruction.
- NO CHIP NO RESULT. CHIP WILL BE PROVIDED WITH RACE NUMBER.
- Licensed runners must wear club colours; other runners should be neatly dressed in accordance with accepted athletic norms.
- To prevent disqualification, obey all marshals and traffic officers/officials
- Only athletes as defined by ASA rules:
 - 21,1 km - the minimum age is 16 years of age on race day; and
 - 50 km Ultra - 20 years of age on race dayIdentification and proof of age must be provided on request on race day.
- Athletes competing for category prizes must wear age category tags on both the front and back of their vests. Category tags MUST be visible. They must complete the race before 11:30.
- Time limits will apply as follows (NO SECONDS ALLOWED):
 - 21,1 km - Limit of 4 hours 00 minutes
 - 50 km Ultra - Time limit of 7 hours, Comrades qualifying time is 6 hours.
 - 50 Km Cut-off times:
 - 25km: 3:45
 - 36km: 5:15
 - 42km: 6:00
- The judges' decision is final.
- Run under the rules of ASA and Athletics Mpumalanga
- Walkers may participate with no additional time allowed. Cut-off times as above will apply.
- No race numbers will be posted.
- Run clean - any athlete accused of irresponsible disposing of litter other than into/at provided refuse bins may be subject to disciplinary action, and if found to be in contravention of any race rules/laws will be disqualified and subject to future bans.
- Voluntary seeding - make use of the voluntary seeding and expected finishing times as displayed at the start venues. Walkers and slower runners please refrain from starting in the front - this for your own benefit and safety.
- Runners to check all information on their race pack/envelope BEFORE leaving the registration desk. Report any errors to the administration team at the Info desk.
- Random drug testing, under the auspices of Drug Free Sport and ASA will be conducted.
- Time incentives will be paid into the recipient's bank account only once full doping results are received by the organisers.
- Substitution will be allowed at R150-00 only until 7 March 2017 - the substitute will get the race t-shirt as ordered by the original entry.