

SUDWALA CAVES 21.1KM PRE ENTRY FORM

ENTER ONLINE: WWW.LEGOGOTEVILLAGERS.CO.ZA

FAX: 086 672 4554 OR EMAIL: ADMIN@LEGOGOTEVILLAGERS.CO.ZA

Payment details: Legogote Villagers
First National Bank
White River (27-05-52)
Acc. No. 54280035064

Surname: _____

Name: _____

Address: _____

Email: _____

Identity No.: _____ Age: _____

Tel. No.: _____

Club: _____

2017 Licence No.: _____ Sex: _____

Category:

J	S	40	50	60
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T-Shirt sizes for 21KM race:

S	M	L	XL
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Entry Fee: 21KM R90	
10KM R50	
Temp. No.: R25	
Total Amount Paid: R	

Minimum age: 16 yrs (on race day)

Signature: _____

Signature: _____
(Guardian if under 16 years old)

I participate at own risk and hereby indemnify the organisers and sponsors from any claim that may arise from my participation.

Race is run according to IAAF - & ASA rules •Referee's decision is final • Cut-off time 10h30 •Obey all traffic officials and race marshals

•No seconding will be allowed •Athletes for 21km must be 16 years or older on race day •Proof of age (ID) to be produced upon request on day of race •Registered athletes must wear full club colours •2017 license numbers must be worn on the front and back of the vest

•Temp licences on the front •Age category ID tags must be worn (back to front) by athletes competing for a category prize AND must be fixed on all 4 corners •Walkers must have a W on the vest to qualify for prizes •No iPods allowed during the race

MINUTEMAN PRESS Telephone (013) 752-2523



SUDWALA CAVES

Presents

"The Race Of The Screaming Monster"
21KM, 10KM & 4.9KM FUN RUN

DATE: Saturday 29 April 2017
TIME: 07h00
VENUE: Sudwala Lodge
ENTRY FEE: 21KM R90 (Grandmasters R40)
10KM R50 (Grandmasters R25)
R30 for Fun Run (Enter on Race Day)

TEMPORARY LICENCES: R25

ENTRIES: 21 KM LIMITED TO 350 ENTRIES
(PRE ENTRIES ONLY) NO LATE ENTRIES
Closing date: 21 - 04 - 2017
10KM PRE ENTRY AND AT START
FUN RUN AT START

PRIZE MONEY:

10 KM 1st - R250 / 2nd R200 / 3rd R150

1st Junior R150

1st 40+ R150

1st 50+ R150

1st 60+ R150

1st 70+ R150

1st Walker R150

Open Category 1st - R350 / 2nd R300 / 3rd R250

1st Junior R250

1st 40+ R250

1st 50+ R250

1st 60+ R250

1st 70+ R250

1st Walker R250

ENQUIRES:

Andre 084 516 8374 / Ashley 081 305 3575

ACCOMODATION:

Sudwala (013) 733 3073

Pierre's Mountain Inn (013) 733 4134

SPONSORS:

SUDWALA CAVES
SUDWALA LODGE
MANKELE MOUNTAIN BIKE PARK
BUNDU PALE

ORGANIZED BY:

