# Volksrust Marathon Club 42.2km, 32 km, 21.1km, 10km and 4km Race

DATE: Saturday 27 January 2018

TIME : Start 06:00 for Runners and Walkers

Cut off 11:00

**VENUE**: Start and Finish at VOLKSRUST HIGH SCHOOL

ROUTE: Out and back, undulating course, tarred road, water points every 2km,

42.2km race will include 5km gravel road

# Pre-entry only! Entries Close on Saturday 20 January!!!!

https://www.quicket.co.za/events/38082-volksrust-marathon-2018/#/

Comrades Qualifier. Walkers welcome, as long as they finish at 11:00 All finishers receive a medal.

Prize giving and lucky draw prizes at 11:00

**Runners** – Gold Medals to first 5 men and ladies in each race. Silver medals to positions 6-15 and bronze medals to all finishers within **5 hour cut-off**. Prize money to the first 3 male and female finishers. No category prizes.

#### **Refreshments:**

School tuck shop will be open.

## For further information:

Reiner Stucky: 082 735 1104 or 034 328 1010

Liesel Gadd : 082 903 0377 Sanet Thysse : 034 328 1013

<sup>\*</sup> Race run according to rules and regulations of ASA. The organizers accept no responsibility for any loss, damage or injury suffered by participants

#### PRE-ENTRY ONLY!!

ENTER AT https://www.guicket.co.za/events/38082-volksrust-marathon-2018/#/

# **Entries close on 20 January 2018**

# **Volksrust Race Entry Fees**

Distance	Starting Time	Entry fee
42.2km	06:00	R150
32km	06:00	R120
21.1km	06:00	R100
10km	06:00	R60
4km Fun Run	06:00	R20

Temporary Licenses: R30 Grand Masters: Free

### **Volksrust Race Prize Money**

Runners:	Men And Ladies	<u>42.2km</u>	<u>32km</u>	<u>21.1km</u>	<u>10km</u>
	1 <sup>st</sup>	R600.00	R500.00	R450.00	R400.00
	2 <sup>nd</sup>	R500.00	R450.00	R400.00	R350.00
	3 <sup>rd</sup>	R450.00	R400.00	R350.00	R300.00

# Medals to all Finishers No category prizes

#### **Referees Decision is Final**

Obey all traffic officials and race marshalls.

The race will be run according to the rules of the IAAF and ASA

No seconding will be allowed

Ages: Athletes for 10km must be 14 years or older on race day.

Athletes for 21.1km must be 16 years or older on race day.

Athletes for 42.2km must be 20 years or older on race day.

Proof of age (ID) to be produced upon request on race day.

All athletes will participate at their own risk

Registered athletes must wear full club colours

2017/2018 license numbers must be worn on the front and back of the vest

Temp license at the front of the vest

Remember to fill in the temp license

Age category ID tags must be worn (front and back) by athletes competing for a category prize AND the tag must be fixed on all 4 corners

Walkers must have a fixed W on the vest to qualify for any prizes

12% levy of entry fee must be paid over to Athletics Mpumalanga by race organizer

No lpods allowed during the race