

**ATHLETICS MPUMALANGA**

**TRACK AND FIELD  
SUB-YOUTH LEAGUE**

**SATURDAY  
27 OCTOBER 2018**



**SECUNDA STADIUM  
8:00 - 13:00  
0/7 TO 0/15 ONLY**

# ATHLETICS MPUMALANGA

## TRACK AND FIELD SUB-YOUTH LEAGUE

Interprovincial League (ages 7 -15years)

DATE: 27 October 2018

VENUE: Secunda Stadium

FEE: R30 entrance for athletes and spectators

A Mpumalanga Team will be chosen on the day to represent the province at the Interprovincial Sub-Youth Championships in Potchefstroom on 24 November 2018.

All athletes must participate with a temporary no ( R30 and available on the day ). Athletes participating with their ASA permanent numbers don't need a temporary no.

Age Groups: 0/7 Born 2011/2012  
0/9 Born 2009/2010  
0/11 Born 2007/2008  
0/13 Born 2005/2006  
0/15 Born 2003/2004

**Note: 0/15's participating at the triple J Meeting in White River will also be considered.**

Note: Athletics Mpumalanga/Officials reserve the right to ask for proof of age during the event. Parents please bring the athletes' birth certificate for the meeting.

Meeting will be hosted in conjunction with Kruijnpark Primary School .

Please note: There will be **no 0/17 - Masters events on the day**

Should the athlete be chosen for the Sub-Youth Interprovincial Champs, the parents will be responsible for purchasing the Provincial clothing.

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## PROGRAM SUB-YOUTH LEAGUE

<p><b>8:00-8:45 BLOCK A</b></p> <p>3000m 0/15 Girls 3000m 0/15 Boys Long Jump 0/15 Girls Long Jump 0/15 Boys Javelin 0/13 Boys Javelin 0/13 Girls High Jump 0/11 Girls High Jump 0/11 Boys</p>	<p><b>8:45-9:30 BLOCK B</b></p> <p>300m 0/15 Boys 300m 0/15 Girls 200m 0/13 Boys 200m 0/13 Girls 800m 0/13 Girls 800m 0/13 Boys 800m 0/15 Girls 800m 0/15 Boys Long Jump 0/11 Girls Long Jump 0/11 Boys Javelin 0/15 Boys Javelin 0/15 Girls High Jump 0/13 Girls High Jump 0/13 Boys</p>	<p><b>9:30-10:15 BLOCK C</b></p> <p>80m 0/11 Girls 80m 0/11 Boys 60m 0/9 Girls 60m 0/9 Boys 60m 0/7 Girls 60m 0/7 Boys 1200m 0/11 Girls 1200m 0/11 Boys Discuss 0/13 Boys Discuss 0/13 Girls Turbo Javelin 0/11 Boys Turbo Javelin 0/11 Girls Long Jump 0/13 Girls Long Jump 0/13 Boys High Jump 0/15 Girls High Jump 0/15 Boys</p>
<p><b>10:15-11:00 BLOCK D</b></p> <p>100m 0/15 Boys 90m 0/15 Girls 80m 0/13 Boys 75m 0/13 Girls 70m 0/11 Boys 70m 0/11 Girls Discuss 0/15 Boys Discuss 0/15 Girls Turbo Javelin 0/9 Boys Turbo Javelin 0/9 Girls Triple Jump 0/15 Girls Triple Jump 0/15 Boys Shot Put 0/11 Boys Shot Put 0/11 Girls</p>	<p><b>11:00-11:45 BLOCK E</b></p> <p>200m 0/15 Boys 200m 0/15 Girls 200m 0/13 Boys 200m 0/13 Girls 600m 0/9 Girls 600m 0/9 Boys 80m 0/7 Girls 80m 0/7 Boys 80m 0/9 Girls 80m 0/9 Boys Shot Put 0/15 Girls Shot Put 0/15 Boys</p>	<p><b>11:45-12:30 BLOCK F</b></p> <p>1500m 0/13 1500m 0/13 1500m 0/15 1500m 0/15 100m 0/15 100m 0/15 Shot Put 0/13 Boys Shot Put 0/13 Girls</p>
<p><b>12:30 End BLOCK G</b></p>		

# ATHLETICS MPUMALANGA



<b>SUB YOUTH QUALIFYING STANDARDS Qualifying 2018</b>											
<b>A Max of 3 athletes per event will be chosen. 0/15's participating at the Triple J meeting in Witrivier will also be considered.</b>											
ITEM	GIRLS 7	GIRLS 9	GIRLS 11	GIRLS 13	GIRLS 15	BOYS 7	BOYS 9	BOYS 11	BOYS 13	BOYS 15	ITEM
60M	10.36 ( 600 )	9.54 (690)	X	X		10.23 (640)	9.25 (660)	X	X		60M
80M	14.04 (460 )	12.68 (560)	11.68 (650)	X		13.32 (590)	12.04 (610 )	11.32 (580)	X		80M
100M	X	X	14.36 (700)	13.50 (760 )	12.50	X	X	13.84 (600)	12.79 (630)	11.30	100M
200M	X	X	X	27.83 (820)	26.20	X	X	X	25.83 (730)	23.40	200M
600M	X	2.06.96 (1000)	X	X		X	1.55.08 (1000 )	X	X		600M
800M	X	X	X	2.30.70 (810)	2:22:00	X	X	X	2.25.77 (530)	2:04:00	800M
1200M	X	X	4.13.08 (820)	X		X	X	4.00.89 (690 )	X		1200M
1500M	X	X	X	4.59.01 (870 )	4:59:00	X	X	X	4.55.28 (700)	4:20:00	1500M
1500MW	X	X	X	9.28.12 (870)		X	X	X	9.06.46 (830)		1500MW
70MH	X	X	13.22 ( 780 )	X		X	X	12.71 (540)	X		70MH
75MH	X	X	X	13.26 (790)		X	X	X	X		75MH
Short hurdles	X	X	X	X	13.70	X	X	X	13.41 (690)	13.70	Short hurdles
Long hurdles	X	X	X	33.09 (810)	46.20	X	X	X	31.73 (580)	40.50	Long hurdles
T JAV	X	11.15 (480)	18.60 (760 )	X		X	18.41 (620)	23.73 (540)	X		T JAV
JAV T	X	X	X	23.07 (670 )	36.00m	X	X	X	31.43 (300)	50.00m	JAV T
HJ	X	X	1.24 ( 530 )	1.40 (570)	1.54m	X	X	1.29 (550)	1.47 (620)	1.75m	HJ
LJ	X	X	4.06 (600)	4.29 (470)	5.10m	X	X	4.25 (560)	4.84 (500)	6.20m	LJ
SP	X	X	8.99 (890)	9.93 (860)	14.20m	X	X	10.77 (790)	10.05 (580)	15.00m	SP
DT	X	X	X	28.10 (680)	30.00m	X	X	X	31.33 (520)	48.00m	DT

Please note that these are the Qualifying Standards as supplied by the Interprovincial Committee.  
 Only a Maximum of 3 athletes per event will be chosen for the Mpumalanga Team irrespective of the number of athletes that achieved the standards. eg. if 5 athletes achieved the standard - only the first 3 athletes will be chosen. No communication/discussion in this matter will be allowed.

Athletics Mpumalanga deserves the right to deviate from the Standards.