

**MOVEMBER HALF MARATHON,  
10 KM AND 4.9KM**

**Aangebied deur Rooies Atletieklklub**

**DATUM: 10 November 2018**

**TIME: 21.1km and 10km- 06:00**

**4.9km- 6:30**

**PLEK: Kees Taljaard Stadion**

**1000 MEDALS TO FINISHERS**

**INSKRYWINGSFOOI/ ENTRY FEE**

**21km = R80**

**10 km = R50**

**4.9km = R30**

**Tydelyke Lisensie/ Temporary License: R30**

**Prysgeld/Price Money**

**Men and Women**

21.1 Km		10 Km	
Open: First	R300	Open: First	R250
Second	R250	Second	R150
Third	R200	Third	R100
40+	R100	40+	R100
50+	R100	50+	R100
60+	R100	60+	R100
70+	R100	70+	R100
Junior	R100	Junior	R100
Walker	R100	Walker	R100



**RUN ACCORDING TO ASA RULES AND**  
**REFEREES DECISION IS FINAL**

- ❖ **Obey All Traffic officials and Race marshals.**
  - ❖ **No seconding will be allowed.**
  - ❖ **Athletes for 21km must be 16 years or older on the day of the race.**
  - ❖ **Athletes for 10km must be 14 years or older on the day of the race.**
  - ❖ **Athletes for 4.9km- All ages.**
  - ❖ **All athletes will participate at their own risk.**
  - ❖ **Proof of age to be produced upon request on day of race.**
  - ❖ **Registered athletes must wear full club colors and 2018 license numbers on the back and front of the vest.**
  - ❖ **Temp license at the front**
  - ❖ **Age category ID tags must be worn (back and front) by athletes competing for a category prize.**
  - ❖ **Walkers must have a fixed W on the vest**
  - ❖ **NO IPODS ALLOWED DURING THE RACE**
- Contact: Theuns Luus: 0836308729**

