

Run through the famous Halls Estate past rippling rivers and through the cane fields! Get a close up view of the new Mbombela Stadium, see the avocado, pecan and litchi orchards! Cross over the Crocodile River with a possible hippo sighting!

# HALLS RACE

21KM | 10KM | 3KM

**DATE:** 06 July 2019  
**TIME:** 10km & 21km starts at 07h00 (Fun Run at 07h10)  
**ENTRIES:** Entries at venue from 16h00 to 18h00 on the 05th July 2019 and from 05h30 on the 06th July 2019 (Race Day)  
**DISTANCE:** 21.1km /10km and 3km Fun Run  
**ENTRY FEE:** 21km - R100, 10km - R80, 3km - R35 per entrant  
 R40- temporary Licenses for 10km and 21km ONLY  
**ONLINE ENTRIES AT:** www.enteronline.co.za  
**CLOSING DATE:** 03/07/2019 (For online entries)  
**VENUE:** HALLS GATEWAY TO THE LOWWELD  
 On the Johannesburg Road (N4) 4km's from Nelspruit  
**ENQUIRIES:** Karlien - 083 335 3846

**STANDARD CATEGORY PRIZES – 21KM/10KM**

Medals to all official finishers | Cash prize and fantastic spot prizes  
 Race run according to ASA rules | Refreshments and food available

**FOR THE NOT SO SERIOUS RUNNERS – THERE IS A FUN RUN OF 3KM'S**  
 Business and school team prizes (Fun run ONLY)



**PRIZE MONEY**

**21KM RACE      10KM RACE**

1st Open	R750	1st Open	R500
2nd Open	R400	2nd Open	R200
3rd Open	R250	3rd Open	R100
1st Junior	R125	1st Junior	R 75
1st Veteran	R250	1st Veteran	R 75
1st Master	R150	1st Master	R 75
1st Grand Master	R150	1st Grand Master	R 75
1st Walker	R150	1st Walker	R 75

First Name \_\_\_\_\_  
 Surname \_\_\_\_\_ Identity No \_\_\_\_\_  
 Address \_\_\_\_\_  
 Club \_\_\_\_\_ Date of birth \_\_\_\_\_  
 Tel / Cell \_\_\_\_\_ Email \_\_\_\_\_

2019 ASA License number \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Category J\*  | S  | 40+  | 50+  | 60+  | W

Online entries: www.enteronline.co.za before 03/07/2019

Entry 21,1 km – R100  | 10km – R80  | 3km – R35

Temporary number: R40  | Fun run teams - 6 People per Team – R210

**BANKING DETAILS FOR PRE-ENTRY – CLOSING DATE 03/07/2019**

(Email proof of payment & entry form to lvccrun@gmail.com or fax 086 517 8324  
 Acc. Holder: Nedbank LVCC Running Club, Bank: Nedbank Account No 1121360629

**INDEMNITY**

I take part at my own risk and I do not hold the organizers, sponsors, and traffic department or any other body or person responsible for any injury or adverse effect, which the event may have on me. The race is run according to the rules of ASA.

Signature \_\_\_\_\_

Parent or Guardian if under 18 years old \_\_\_\_\_

Athletics Mpumalanga House Rules:

- REFEREES DECISION IS FINAL.**
- Obey all traffic officials and race marshals.
- Please note the cut off time for the 21km is 3 hours.**
- The race will be run according to the rules of the IAAF and ASA.
- No seconding will be allowed.
- Ages: Athletes from 10km must be 14 years or older on the day of the race.  
 Athletes from 21km must be 16 years or older on the day of the race.
- Proof of (ID) to be produced upon request on the day of race.
- All athletes will participate at their own risk.
- Registered athletes must wear full club colours.
- 2019 License number on the front and back of the vest.
- Temp license number on the front and back of the vest.
- Remember to fill in the temporary license tear-off slip and give back to the organizer.
- Age category ID tags must be worn (back and front) by athletes competing for a category prize AND must be fixed on the vest on all four corners.
- Walkers must have a fixed W on the vest to qualify for any prizes.
- 12% Levy of entry fee must be paid over to Athletics Mpumalanga by race organizer.
- No earphones allowed during the race.