

Race against the train!

22 August 2015

Presented by Rotary Clubs of: Middelburg, Middelburg Cycad & Witbank (GTR for Charity)

Tel: 086-118-7246 • Website: www.gtr.co.za

Follow us on Twitter: @trainrace Facebook: The Greatest Train Race

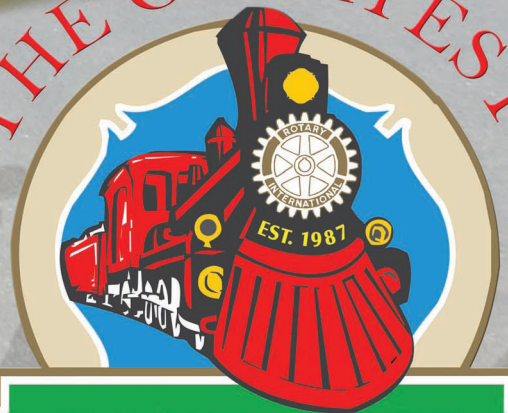
CLOSING DATE FOR ALL ENTRIES 31 JULY 2015

Open for running groups, walking groups & individuals

Limited entries

ge construction
GLENCORE

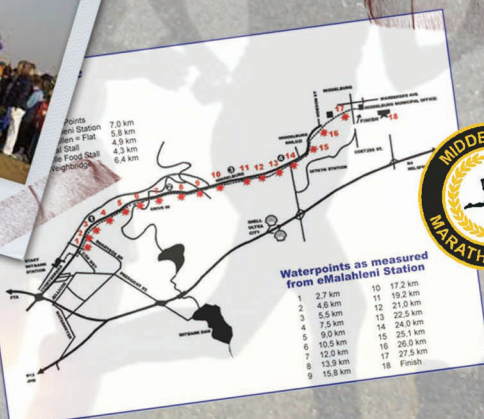
THE GREATEST



TRAIN RACE

EST. 1987

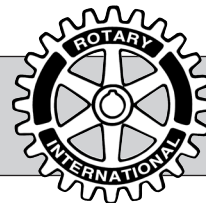
The premier community
event in Mpumalanga





The Greatest Train Race 2015 Entry Form

22 AUGUST 2015



ENTRIES LIMITED TO 20 000 PARTICIPANTS

Entry Fees and Registration

Relay Teams - R385.00	Fun Run - R50.00
School Walking Teams - R190.00	School Running Teams - R190.00
Individual - R75.00	Temporary Licence - R25.00

Closing date for all entries: 31 July 2015 or when the 20 000 cut-off is reached

(which ever comes first)

SUBMITTING OF ENTRIES: Hand deliveries: EMALAHLENI: Highveld Mall, Info Kiosk, Mandela Road
No cash payments, submit with proof of payment. Only accepted during office hours 08:00 to 17:00!

MIDDELBURG: Chamber of Commerce, Busmid Building, Walter Sisulu Street, Middelburg.
Faxes: 086 519 6997 - Telephone - 086 118 7246 - Email - admin@gtr.co.za
Webpage - www.gtr.co.za for **online registration**.

TRAIN

*Limited!
Book early*

Sponsored tickets @ R100 per person
(Sponsor a disadvantage child / elderly)
Public tickets @ R90 per person

**BANKING DETAILS: GTR for Charity,
Nedbank, eMalahleni
Branch Code 158350,
Account Number 1585 380 652**

Collection of numbers

MIDDELBURG

Mon. 3 Aug. - Tues 4 Aug.
Middelburg Marathon Club
17 Lilian Ngoyi Street
(Opp. Fire Station)

NO BATON = NO MEDAL

Kindly pre-arrange/confirm before
collecting large numbers of race
numbers/batons

EMALAHLENI

Wed. 5 Aug. - Thurs. 6 Aug.
Highveld Mall
Mandela Road
Info Kiosk

Individuals and team entrants are to collect their batons and numbers.

Start and Finish

Start

Runners
28 km
08:00
Witbank
Station

Individual
15 km
08:00
Hermansdal
Stall

Fun Run
4.5 km
08:00
Cnr. Walter Sisulu
& Mandela Rd
Middelburg

All runners and walkers
finish at:
**Middelburg Municipal
Offices**

Route and distance

**Individuals
& all teams**
28 km

Individuals
15 km

Fun Run
4.5 km

To enter a team you enter a relay. If you want to walk/
run next to your friend, enter as an individual

**PLEASE ENSURE YOU HAVE YOUR
ISSUED BATON THE DAY OF THE RACE.
NUMBERS MUST BE CLEARLY VISIBLE.
NO BATON & NUMBER
= NO MEDAL**

Bus transport

**Bus transport will be available to all participants requiring transport to all the
change-over points.**

Busses to fun-run and change-over points are available from
4:30 am - 6:30 am ONLY.

The last bus will depart at 6:30 am.

DO NOT BE LATE!!!

Busses leave from the finish, cnr Walter Sisulu & Hospital Str - and eMalahleni Station.

Secure (paid) parking at Middelburg Hoërskool.

Busses will return the athletes to eMalahleni from 13:00.

Race for a cause of your choice!

New!!!

Sponsor a Bible
Witbank CANSA

Edu-Container Project

Belief Foundation for Child Abuse

To
donate
R30

**PLEASE ENSURE YOU HAVE
YOUR ISSUED BATON THE DAY
OF THE RACE.
NO BATON = NO MEDAL**

RoadClosure

Important Information

The race route (R555) will be closed to public traffic from 05:30 - 14:00

Spectators are requested to proceed to their vantage point prior to the road closure and should remain at such points until the last runner/walker has passed.

Spectators leaving the vantage points are requested to proceed in the direction of eMalahleni and not drive behind the athletes.

PRIZES

Medals to all finishers

Gold Medals: All Category winners

Silver Medals: Position 2 runners and walkers

Copper Bronze Medals: Position 3 runners and walkers

Bronze Medals: All other finishers

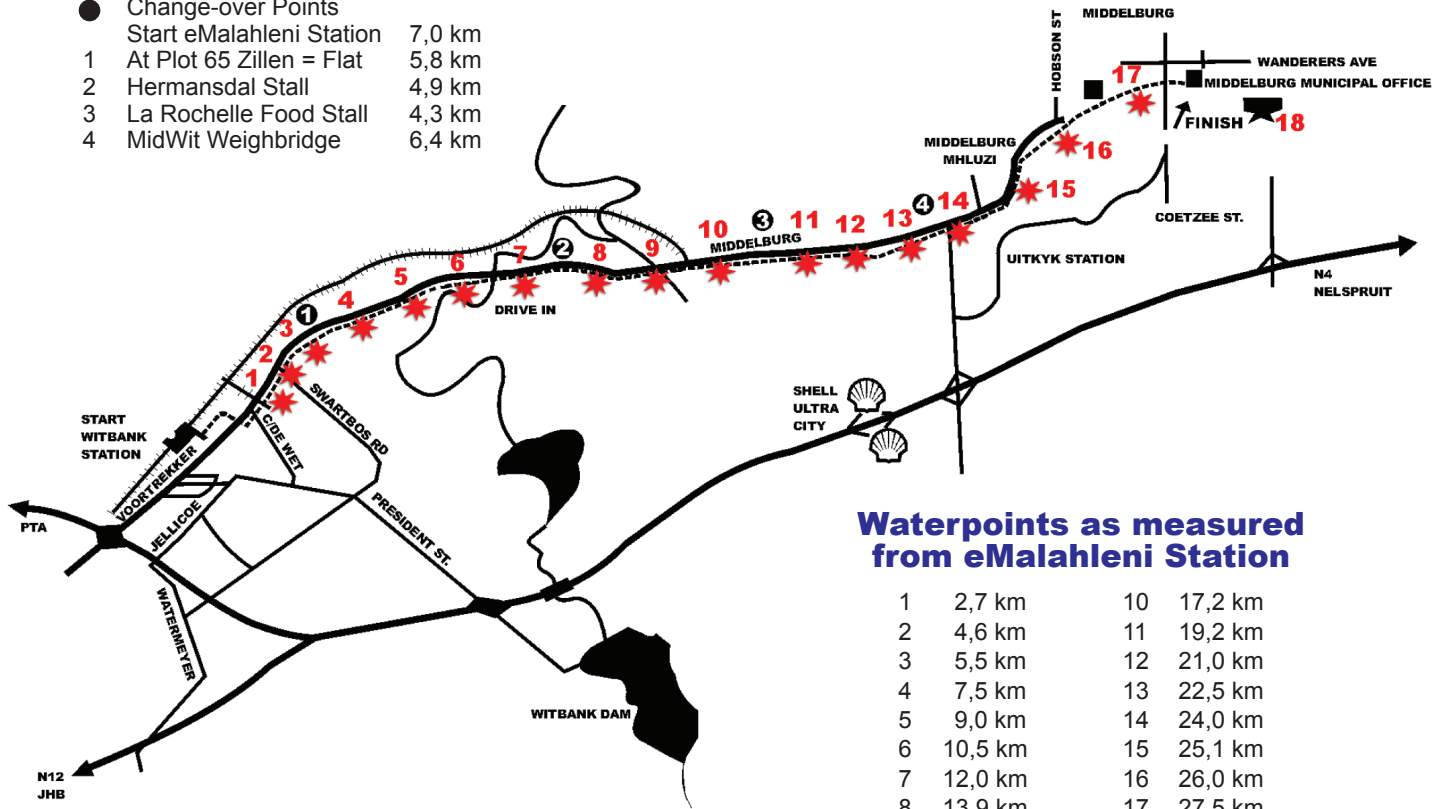
Rules and regulations

- All entrants must be amateurs as defined under ASA rules and not be under the following ages on the day:
 - * 28 km race - 16 years and 15 km race - 15 years. Proof of age must be presented on request on the day of the race.
- Licensed Athletes - applicable to individuals only
 - * All entrants of the 28 km and 15 km race must wear club colours and must be members of a club affiliated to ASA.
 - * All entrants must be in possession of a valid 2015 licence number which must be worn on the front and back of the vest.
 - * The race number issued by the organisers must be worn on the front of the vest.
 - * Athletes competing for category prizes must wear official age category ID tags (front and back of vest).
 - * Walkers must pin a red "W" on the front and back of vest.
- Unlicensed Athletes - applicable to individuals only
 - * All entrants of the 28 km and 15 km race must purchase a temporary licence number which must be worn on the back of the vest.
 - * The race number issued by the organisers must be worn on the front of the vest.
 - * Club colours not applicable, but please wear decent clothing!
- All athletes
 - * Marshalls and traffic officials must be obeyed at all times. Failure to comply may lead to disqualification.
 - * All athletes must pass through the changeover points. Designated lanes will be provided for athletes. Failure to comply will lead to disqualification.
- Jury of Appeal
 - * A Jury of Appeal will be appointed to deal with any disputes on the race day and their decisions are final.
 - * Athletes wishing to appeal must do so in writing within 30 minutes after the cut-off time on the day of the race.
 - * A deposit of R200.00 must accompany this written appeal.
- Cut off times: 12:00. Participants not past the cut-off point at changeover 4 will be stopped and brought to the finish. Additional cut off times may be introduced along the route without notice.
- Team entries
 - 7.1 Running Teams and walking teams: Will enter only one (1) of the categories listed,
 - 7.2 Running Teams will consist of five (5) members, each running one leg of the race.
Walking Teams will consist of five (5) members, each walking one leg of the race.
 - 7.3 Walking Teams: Start at 08:00 from the eMalahleni Station and will walk all 5 legs. Teams will change batons and finish at the same changeover points and finish line for running teams.
- Categories
 - 8.1 Categories: All teams should select one of the appropriate categories listed on the entry form.
 - 8.2 School Categories: This is a closed category and each team member must be a bona fide scholar of the school.
High School Teams with an athlete born before 1 January 1997 must enter under the open category and not as a scholar.
- General
 - 9.1 RACE NUMBERS: Race numbers will be issued and must be worn by each participant on the front of the vest. Competitors not wearing race numbers will not be allowed through the changeovers or into the finish area.
 - 9.2 RACE BATONS: The persons running/walking the first leg will start with the baton issued at registration. The baton must be passed on to the team member running/walking the next leg at every changeover. Teams not finishing with the baton will be disqualified.
Note: only one baton is required per team.
 - 9.3 TEAM COLOURS: Teams are encouraged to wear clothes or t-shirts representative of the colours of their companies/organisations.
 - 9.4 SECONDING: Under no circumstances will seconding be allowed. Adequate refreshment stations will be provided at regular intervals along each leg and at the changeovers.
 - 9.5 ADMINISTRATION AND RACE CONTRAVENTIONS: the organisers reserve the right to return any entry form not in keeping with the spirit of the race. The decision of the organisers will be final and no correspondence will be entered into.
 - 9.6 MEDICAL ADVICE: It is the responsibility of each participant to ensure that he/she is medically fit to run/walk and to consult a doctor before training for and participating in the race.
 - 9.7 OWN RISK: All runners/walkers participate at their own risk and indemnify the organisers, producers, sponsors, national and provincial sports bodies of any claims, which might arise. The entry form must be signed accordingly.
 - 9.8 COLOUR CODES FOR RELAY ATHLETES: The start and each of the changeover points will be colour-coded to facilitate bus transport and ensure that each athlete can readily determine the appropriate location of the designated leg.
- PHOTOGRAPHS: A lot of general photography takes place on the race day. By entering the event, you give permission to the race organisers to use any photograph on which you may appear, on a public platform. This is mainly used to advertise the event.

The Route

Legend

- Route
- ★ Waterpoints
- Change-over Points
- Start eMalahleni Station 7,0 km
- 1 At Plot 65 Zillen = Flat 5,8 km
- 2 Hermansdal Stall 4,9 km
- 3 La Rochelle Food Stall 4,3 km
- 4 MidWit Weighbridge 6,4 km



Waterpoints as measured from eMalahleni Station

1	2,7 km	10	17,2 km
2	4,6 km	11	19,2 km
3	5,5 km	12	21,0 km
4	7,5 km	13	22,5 km
5	9,0 km	14	24,0 km
6	10,5 km	15	25,1 km
7	12,0 km	16	26,0 km
8	13,9 km	17	27,5 km
9	15,8 km	18	Finish

Follow us on The Greatest Trainrace; @trainrace; Website: www.gtr.co.za

MAIN SPONSORS



GLENCORE

Level 2 Sponsors



Level 3 Sponsors



Official Suppliers



Rent a Tent
& Party Hire

O.H. FREWIN (Pty) Ltd
 Middelburg Mpumalanga
 Tel: 013-243-5550 ☎ Fax: 013-243-5612
www.ohfrewinprinters.co.za O.H FrewinPrinters1903

HIGHVELD MALL
 THE MALL WITH MORE