

GLOW RUN

Eskom Athletic Club
Mpumalanga presents

Laerskool Klipfontein 60



4.9 km Fun run /10 km Night race

Date: 20 January 2016

Venue: L/s Klipfontein

c/o Pienaar and Steve Bantu Biko Street
Ext 16, Witbank

Time: 19:00

Entries: 17:00 on Raceday

Pre-entries:

L/s Klipfontein

Eskom Athletics Club Mpumalanga

ENTRY FEE:

4.9km- R30

10km- R40

Temporary licence- R25

Grand Masters- Free

Disabled Persons- Free

Contact: Paul Bester – 082 966 7767

Prize
money

Most
School
Participants

Lucky
draws

Medals
to all
Finishers

ASA
Rules
Apply*

Sponsored by



Witbank

Tel: 013 692 4059

***ASA Rules & Regulations**

No seconding will be allowed

No I-phones or Walkman's allowed

No dogs

Obey traffic officials and race marshals

Athletes for 10 km must be 14 years or older on the day of the race

Races presented according to the rules of the ASA

All athletes will participate at their own risk

Proof of age to be produced upon request on day of race and for collecting prize money

Registered athletes must wear full club colours and 2016 licence numbers

Age category I.D. tags must be worn (back & front) by athletes competing for a category prize

Provincial No. on the FRONT and BACK



School with most entries:

1st R750-00

2nd R500-00

A minimum of 20 entries per school to qualify for cash prize

Medals to all finishers!

Prize money for all categories!

Category	10km Ladies	10km Men
1 st Open	R200-00	R200-00
2 nd Open	R150-00	R150-00
3 rd Open	R100-00	R100-00
1 st Vet	R150-00	R150-00
2 nd Vet	R100-00	R100-00
1 st Master	R150-00	R150-00
2 nd Master	R100-00	R100-00
1 st Grand Master	R150-00	R150-00
1 st Junior	R150-00	R150-00
1 st Walker Open	R150-00	R150-00