



2016 Elkana Nite Race

16 March 2016

Venue Elkana Educational Centre

Aasvoël Street Reyno Ridge Witbank

Entry Fees 4.9 km - R30.00

10 km - R50.00

Temporary Licenses – R25,00 Grand master Free

Start - 19h00

Registration from 17h00

Contact Sarita – 013 - 697 1144

Hettie - 082 6800 973



Rules and Regulations

- 1. Races presented according to the rules of the AMPU and ASA
- 2. All athletes participate at their own risk and by their entry, they indemnify the organizers, province and sponsors of any liability of claims
- 3. No iPods or listening devices allowed
- 4. No dogs
- 5. Obey traffic officials and race marshals
- 6. Ages: Athletes for 10 km must be 14 years or older on the day of the race
 Athletes for 21.1 km must be 16 years or older on the day of the race
 Athletes for 42.2 km must be 20 years or older on the day of the race
- 7. ID document required for category winners
- 8. Registered athletes must wear full club colors and 2016 license numbers (on back and front)
- Non-registered athletes who participate in 10 km event must wear a temporary license on the front
- 10. Walkers to wear "W"
- 11. Age category ID tags must be worn (back and front) by athletes competing for a category prize
- 12. No seconding will be permitted
- 13. Parking at own risk
- 14. Referees decisions is FINAL
- 15. 12 % levy of entry fee must be paid over to the Athletics Mpumalanga by race organizer

Medals will be issued to all finishes

10 km Prize Money

Open	R350
Veteran (40-49)	R250
Master (50-59)	R250
Grand Master (60+)	R200
Junior	R200
Walker	R200