NASHUA

hosted by

Laerskool Kanonkop

in association with Middelburg Marathon Club

Entry Fee:

Pre-Primary Schools - R25

- R30

10 km

4,9 km

Temp. Licence - R25

14 September 2016 19:00 4,9 km / 10 km



Kees Taljaard Stadium Middelburo

Contact Persons:

Thea : 082 717 4522



MEDALS and PRIZES

Prize money

Category Men + Ladies 10 km

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Overall winner 1	1	R250	(50 - 59) 1st	:	R150
Overall winner 2	1	R200	(50 - 59) 2 nd	;	R100
Overall winner 3	:	R100			
(40 - 49) 1st	1	R150	(60 - 69) 1st	:	R150
(40 - 49) 2 nd		R100	Junior	:	R150

Cut Off Time: 20:30

- Referees' DECISION IS FINAL
- Obey all traffic officials and race marshals.
- The race will be run according to the rules of the IAAF and ASA.
- No seconding will be allowed.
- Athletes for 10 km must be 14 years or older on the day of the race.
- All athletes will participate at their own risk.
- Proof of age (ID) to be produced upon request on day of race.
- Registered athletes must wear full club colours.
- 2016 license numbers on the front of the vest.
- Temp. License at the front of the vest
- Age category ID tags must be worn (back and front) by athletes competing for a category prize AND must be fixed on vest all 4 corners.