

# **Eskom Athletic Club**

# **OLD MEDAL RACE**



## **23 August 2017**

**Eskom athletic club. Eskom park EMALAHLENI**

**TIME: Starts at 19:00**

**DISTANCES: 4.9 Fun Run & 10Km**

**ENTRIES: From 17h00**

### **ENTRY FEES:**

<b>4.9Km</b>	<b>R30</b>
<b>10 Km</b>	<b>R50</b>
<b>Temporary License</b>	<b>R30</b>
<b>Grand Masters</b>	<b>R30</b>
<b>Disabled Persons</b>	<b>R30</b>
<b>Cut-off time:</b>	<b>1:45</b>

A red, multi-pointed starburst graphic with a black outline, containing white text.

**MEDALS TO ALL  
FINISHERS &  
PRIZE MONEY  
FOR ALL  
CATEGORIES**

**ASA Rules apply – Rules available at the Eskom Athletic Club.**

**Contact:**

**PAUL BESTER (ESKOM ATHLETIC CLUB MPU): 082 966 7767**

**Most School participants win a prize for the school!**



### **ASA Rules apply:**

- **No seconding will be allowed.**
- **No i-phones or Walkman's allowed.**
- **No dogs.**
- **Obey traffic officials and race marshals.**
- **Athletes for 10km must be 14 years or older on the day of the race.**
- **Races presented according to the rules of the MRR and ASA.**
- **All athletes will participate at their own risk.**
- **Proof of age to be produced upon request on day of race and for collecting prize money.**
- **Registered athletes must wear full club colors and 2017 license numbers.**
- **Age category I.D. tags must be worn (back and front) by athletes competing for a category prize.**
- **Provincial No. on the FRONT and back.**
- **Parking at own Risk .**
- **NO TOG BAG AREA.**

CATEGORY	10KM LADIES	10KM MEN
1 <sup>st</sup> Open	R200	R200
2 <sup>nd</sup> Open	R150	R150
3 <sup>rd</sup> Open	R100	R100
1 <sup>st</sup> Vet	R150	R150
2 <sup>nd</sup> Vet	R100	R100
1 <sup>st</sup> Master	R150	R150
2 <sup>nd</sup> Master	R100	R100
1 <sup>st</sup> Grand Master	R150	R150
1 <sup>st</sup> Junior	R150	R150
1 <sup>st</sup> Walker Open	R150	R150