MOVEMBER HALF MARATHON, 10 KM AND 4.9KM

Present by Rooies Atletiekklub

DATE: 11 November 2017

TIME: 21.1km and 10km- 07:00

4.9km-7:15

VENUE: Kees Taljaard Stadium

1000 SNORRE MEDALS TO FINISHERS INSKRYWINGSFOOI/ ENTRY FEE

21km = R80 10 km = R50

4.9km = R30

Tydelike Lisensie/ Temporary License: R30

Cut off time- NO

ALL INCOME WILL GO FOR CANCER



RUN ACCORDING TO ASA RULES AND REFEREES DECISION IS FINAL

- Obey All Traffic officials and Race marshals.
- No seconding will be allowed.
- Athletes for 21.1km must be 16 years or older on the day of the race.
- Athletes for 10km must be 14 years or older on the day of the race.
- Athletes for 4.9km- All ages.
- All athletes will participate at their own risk.
- Proof of age to be produced upon request on day of race.
- Registered athletes must wear full club colors and 2017 license numbers on the back and front of the vest.
- Temp license at the front
- Age category ID tags must be worn (back and front) by athletes competing for a category prize.
- Walkers must have a fixed W on the vest
- ❖ NO IPODS ALLOWED DURING THE RACE

Contact Person: Theuns Luus: 083 6308 729



Price Money

Category	10km	21km
Open Men		
First	R250	R300
Second	R200	R250
Third	R150	R200
Open Women		
First	R250	R300
Second	R200	R250
Third	R150	R200
Men 40+	R150	R200
Women 40+	R150	R200
Master Men	R150	R200
50+		
Women 50+	R150	R200
Men 60+	R150	R200
Women 60+	R150	R200
Junior Men	R150	R200
Junior Women	R150	R200
Walker	R150	R200

