ASSEGAAI MARATHON CLUB PROUDLY PRESENTS

TWK ASSEGAAI 3-IN-1 MARATHON



START: 06:00 am for 42.2km & 21.1km

06:15 am for 10km

PLACE: Piet Retief Rugby Club

FEES: Distance: Pre-entry Race day entry

10km R50 R70 21km R100 R120 42km 150 R170

TEMP LICENSES: R30

ONLINE ENTRIES: www.entrytime.com

CONTACT PERSON: Anné Nieuwenhuizen - anne@loveshotsphotos.co.za

Race run in accordance to ASA rules & regulations.

Position	10km	21,1km	42.2km
1st Male & Female	R300	R500	R1 000
2 nd Male & Female	R200	R250	R500
3 rd Male & Female	R100	R150	R250
1st Junior Male & Female	R100	R150	
1st 40+ Male & Female	R100	R150	R200
1st 50+ Male & Female	R100	R150	R200
1st 60+ Male & Female	R100	R150	R200

FREE
branded shirts
to the first 75
pre-entries on
the 42.2 km





Assegaai Marathon Club

*Qualifying event for the TWO OCEANS & COMRADES

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Cut off time 12:30

REFEREES' DECISION IS FINAL

Obey all Traffic Officials and Race Marshals.

The race will be run according to the rules of the IAAF and ASA

No seconding will be allowed.

Ages: Athletes for 10km must be 15 years or older on the day of the race.

Athletes for 20km must be 16 years or older on the day of the race

Proof of age (ID) to be produced upon request on day of race.

All athletes will participate at their own risk.

Registered athletes must wear full club colours.

2018 license numbers on the front and back of the vest.

Temporary license at the front on the vest.

Age category ID tags must be worn (back and front) by athletes competing for a category prize AND must be fixed on the vest (all 4 corners).

No I-pods allowed during the race.