

Hospice Middelburg Night Race

**In Co-Operation with
Middelburg Marathon Club.**



Young and Old are Welcome!

25 April 2018

Venue: L/S CR Swart

Entry Fees: 4,9 km (R30) OR 10 km (R50)

Temporary licence (R30)

Vouchers for race:

Winners of 4,9 km & 10km

HOSPICE WILL BE SELLING PANCAKES.

For More Info-

Contact:

Nurse Judy Toua

083 231 5831 / 013 243 5713 (Office)

Sorieka Dicks

066 226 5093

Rules:

1. Obey all Traffic Officials and Race Marshals.
2. The Race will be run according to rules of the IAAF and ASA.
3. No seconding will be allowed.
4. Ages: Athletes for 10km must be 14 years or older on the day of the race.
5. Pro of age (ID to be produced upon request on the day of race).
6. All athletes will participate at their own risk.
7. Registered athletes must wear full club colours.
8. 2018 licence numbers on the front and back of vest.
9. Temporary licence at front on the vest.
10. Remember to complete the Temporary licence tear off slip immediately and hand it back to organiser.
11. Age category ID tags must be worn (back and front) by athletes competing for a category prize AND must be fixed on the vest (all 4 corners)
12. 12% levy of entry fee must be paid over to Athletics Mpumalanga by race organiser.
13. NO I-Pods allowed during the race.
14. Indemnity

REFEREES DECISION IS FINAL!

I declare that I run at my own risk and indemnify the organizer/sponsor of any responsibility for injuries or loss.

Athletes, entering for this event, and use medication to treat an illness or condition which fall under PROHIBITED LIST authorisation from SAIDS to take the needed medicine or method.