



Presented by



21.1km, 10km & 5km FUN RUN

DATE

21 July 2018

TIME

8:00am

VENUE

Dullstroom Dam & Nature Reserve



MEDALS to all finishers

Prizes as follows: Hampers to 1st Male & 1st Female for 21km and 10km.

Contact Details:

Charmane Horn

082 654 6645

On-line entries:

www.entryninja.co.za

DULLIES ALTITUDE CHARITY CHALLENGE
21 July 2018

ENTRY FORM

NAME: _____
SURNAME: _____
ADDRESS: _____
EMAIL: _____
ID NUMBER: _____ AGE: _____
TELE NUMBER: _____
CLUB: _____
PROVINCE: _____
2018 LICENCE NUMBER: _____ GENDER: _____

DISTANCE ENTERED

DESCRIPTION	FEE	TOTAL
21KM	R 100	
10KM	R 50	
5KM	R 30	
TEMPORARY LICENCE (21 & 10KM)	R 30	

Rules:

- Obey all Traffic officials and Race marshals.
- The race will be run according to the rules of the IAAF and ASA
- No seconding will be allowed.
- Ages: Athletes for 10km must be 14 years or older on the day of the race.
Athletes for 21.1km must be 16 years or older on the day of the race
- Proof of age (ID) to be produced upon request on day of race.
- All athletes participate at their own risk.
- Registered athletes must wear full club colours.
- 2018 license numbers on the front and back of the vest.
- Temporary license at the front on the vest (Remember to fill in the Temporary license tear off slip and give back to organizer).
- Entry on-line or on the day.
- RUN CLEAN – any athlete accused of irresponsibly disposing of litter other than into / at the provided refuse bins may be subjected to disciplinary action.
- No I-pods allowed during the race.
- 12% levy of entry fee must be paid over to Athletics Mpumalanga by race organizer.

Referees DECISION IS FINAL

NB

Athletes, entering for this event, and use medication to treat an illness or condition which fall under the PROHIBITED LIST, LIST should complete a THERAPEUTIC USE EXEMPTION (TUE) form before entering for the event and obtain authorization from SAIDS to take the needed medicine or method.

INDEMNITY

I participate at my own risk and hereby indemnify the organisers and sponsors from any claim including injury & loss that may arise from my participation.

SIGNATURE: _____

SIGNATURE (of guardian if under 16 years on race day): _____
No under 16's on 21km.