

Limited entries

**Open for running groups,
walking groups
& individuals**

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The premier community event in Mpumalanga

Presented by Rotary Clubs of: Middelburg, Middelburg Cycad & Witbank (GTR for Charity)

Tel: 086-118-7246 • Website: www.gtr.co.za

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#GTR18818

CLOSING DATE FOR ALL ENTRIES 31 JULY 2018

DOWN RUN - MIDDELBURG TO EMALAHLENI

18 August 2018



The Rotary GTR 2018 Entry Form

18 AUGUST 2018



ENTRIES LIMITED TO 20 000 PARTICIPANTS

Entry Fees and Registration	Teams - R450.00	15 km Individual - R95.00
	School Teams - R225.00	32 km Individual - R140.00
	Fun Run (All ages) - R60.00	Temporary Licence - R35.00
	32 km Individual Early Bird - R320 (Includes Limited Edition Shirt - if you enter before 5 July '18)	Bus Tickets - R60.00
	Closing date for all entries: 31 July 2018 or when the 20 000 cut-off is reached (which ever comes first) SUBMITTING OF ENTRIES: Hand deliveries: EMALAHLENI: Highveld Mall, Info Kiosk, Mandela Road No cash payments, submit with proof of payment. Only accepted during office hours 08:00 to 17:00! MIDDELBURG: Chamber of Commerce, Busmid Building, Walter Sisulu Street, Middelburg. Faxes: 086 519 6997 - Telephone - 086 118 7246 - Email - admin@gtr.co.za Webpage - www.gtr.co.za for online registration and payment. Middelburg Mall Info Kiosk - no cash, submit with proof of payment / online entry and payment assistance.	

BANKING DETAILS: GTR for Charity,
Nedbank Current Account, eMalahleni; Branch Code 158350; Account No. 1585 380 652

Collection of numbers	MIDDELBURG Tues 14 Aug. Middelburg Marathon Club 17 Lilian Ngoyi Street (Opp. Fire Station)	MON. 13 AUG. Bulk entries collections only 17 Lilian Ngoyi Street Middelburg Marathon Club	EMALAHLENI Wed. & Thurs 15-16 Aug Highveld Mall Mandela Road Info Kiosk
	Individuals and team entrants are to collect their numbers between 09:00-16:00.		

Start and Finish	Teams 4.9 km p.p. From 08:20 Witbank Dam Resort	Individual 32 km 07:00 Nkangala District Municipality Hobson Street	Individual 15 km 07:00 Plot 85, R555 eMalahleni	Fun Run 4.9 km 08:00 Witbank Dam Resort eMalahleni	All participants finish at: Witbank Dam Resort eMalahleni

Route and distance	Individuals 32 km	Individuals 15 km	Fun Run 4.9 km	Remember!!! Team event: All team members start together in an allocated time slot. Dress-up. Prizes up for grabs!
	All teams 4.9 km p.p.			

Bus transport	Bus transport will be available to all participants requiring transport to 15 km and 32 km start points. Bus tickets available at R60 per person. Busses will depart to 15 km and 32 km start points and are available from 04:30 am - 6:00 am ONLY. The last bus will depart at 6:00 am from Nkangala District Municipality, Walter Sisulu Str., Middelburg and Witbank Dam Resort, Mandela Road, eMalahleni to 32km and 15km start points DO NOT BE LATE!!! No bus transport will be provided to team participants. Please make your way to Witbank Dam Resort, Mandela Road, eMalahleni
	Secure (paid) parking at Witbank Dam Resort and Middelburg Care Village, Walter Sisulu Str., Middelburg for all participants. Busses will return the athletes to Middelburg from 12:30 - keep your ticket!!!

Don't forget!!!	Race for a cause of your choice! Pink Trees/Hospice Middelburg NADA - Nasaret Against Drugs & Alcohol White Rose Hospice eMalahleni SPCA Middelburg Mthimkulu Old Age Home eMalahleni	To donate R100
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Faxes: 086 519 6997 - Telephone - 086 118 7246 - Email - admin@gtr.co.za - Webpage - www.gtr.co.za for online registration.

RoadClosure

Important Information

The race route (R555) will be closed to public traffic from 06:00 - 13:00

Spectators are requested to proceed to their vantage point prior to the road closure and should remain at such points until the last runner/walker has passed.

Spectators leaving the vantage points are requested to proceed in the direction of Middelburg and not drive behind the athletes.

PRIZES

No prize money for this charity race but very special GTR medals to all finishers!

Category Positions awarded as follows:

Individual 32km: Open Men & Open Ladies (all ages)

Individual 15km: Open Men & Open Ladies (all ages)

Teams: Open Mixed, Mens & Ladies (ages 19+)

Teams: Primary School overall (up to 13 years)

Teams: High School overall (up to 18 years)

Fun Run: First 3 Overall (all ages)

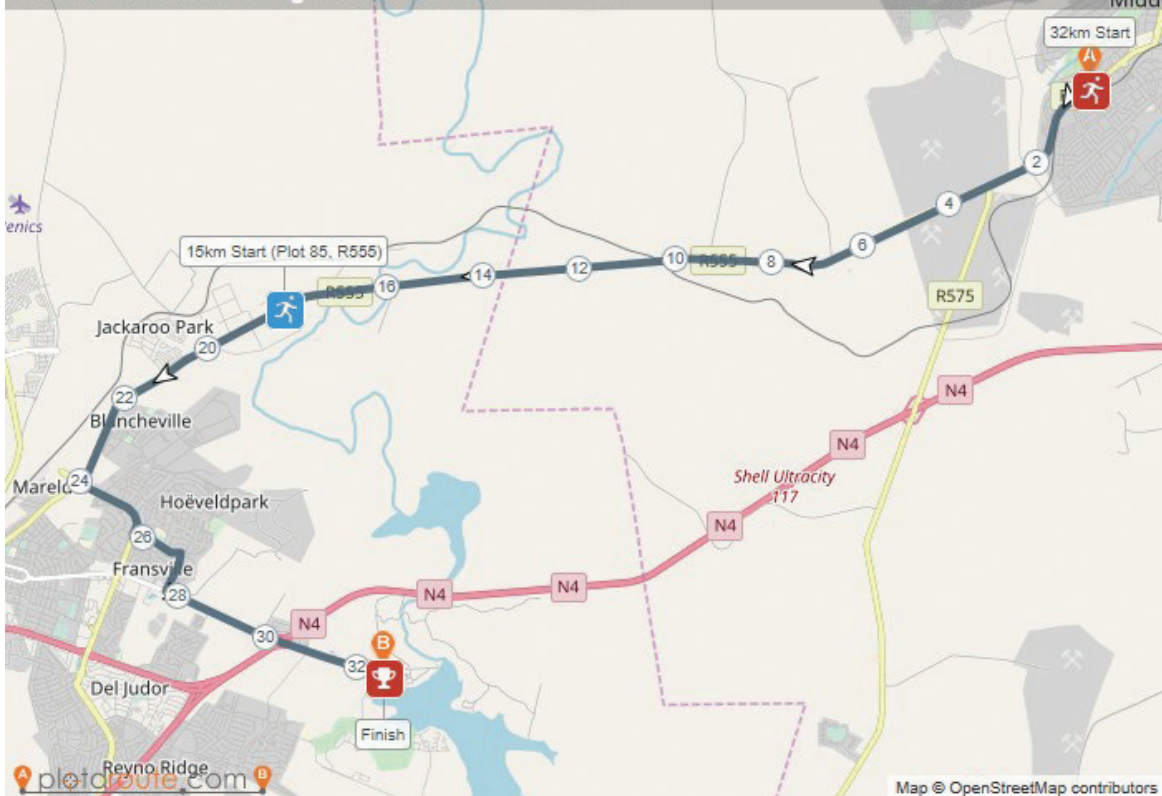
Gold Medals: All Category winners **Silver Medals:** Position 2 in each category

Copper Bronze Medals: Position 3 in each category **Bronze Medals:** All other finishers

Rules and regulations

1. All entrants must be amateurs as defined under ASA rules and not be under the following ages on the day:
 - * 32 km race - 19 years and 15 km race - 15 years. Proof of age must be presented on request on the day of the race.
2. Licenced Athletes - applicable to individuals only
 - * All entrants of the 32 km and 15 km race must wear club colours and must be members of a club affiliated to ASA.
 - * All entrants must be in possession of a valid 2018 licence number which must be worn on the front and back of the vest.
 - * The race number issued by the organisers must be worn on the front of the vest.
 - * Athletes competing for category prizes must wear official age category ID tags (front and back of vest).
3. Unlicenced Athletes - applicable to individuals only
 - * All unlicensed entrants of the 32 km and 15 km race must purchase a temporary licence number which must be worn on the back of the vest.
 - * The race number issued by the organisers must be worn on the front of the vest.
 - * Club colours not applicable, but please wear decent clothing!
4. All athletes
 - * Marshalls and traffic officials must be obeyed at all times. Failure to comply may lead to disqualification.
 - * All team athletes must go to the start point near the swimming pool, according to time slots allocated. Designated lanes will be provided for athletes. Failure to comply will lead to disqualification.
5. Jury of Appeal
 - * A Jury of Appeal will be appointed to deal with any disputes on the race day and their decisions are final.
 - * Athletes wishing to appeal must do so in writing within 30 minutes after the cut-off time on the day of the race.
 - * A deposit of R500.00 cash must accompany this written appeal.
6. Cut off times: 12:00. Participants not past the cut-off point at the cnr. OR Tambo and R555 will be stopped and brought to the finish. Additional cut off times may be introduced along the route without notice.
7. Team entries
 - 7.1 Teams: Will enter only one (1) of the categories listed,
 - 7.2 Teams will consist of five (5) members, all running/walking together.
8. Categories
 - 8.1 Categories: All teams should select one of the appropriate categories listed on the entry form and a preferred time slot.
 - 8.2 School Categories: This is a closed category and each team member must be a bona fide scholar of the school.
High School Teams with an athlete born before 1 January 2000 must enter under the open category and not as a scholar.
9. General
 - 9.1 RACE NUMBERS: Race numbers will be issued and must be worn by each participant on the front of the vest. Competitors not wearing race numbers will not be allowed into the finish area.
 - 9.2 TEAM COLOURS: Teams are encouraged to wear clothes or t-shirts representative of the colours of their companies/organisations or dress-up!.
 - 9.3 SECONDING: Under no circumstances will seconding be allowed. Adequate refreshment stations will be provided at regular intervals along the routes.
 - 9.4 ADMINISTRATION AND RACE CONTRAVENTIONS: the organisers reserve the right to return any entry form not in keeping with the spirit of the race. The decision of the organisers will be final and no correspondence will be entered into.
 - 9.5 MEDICAL ADVICE: It is the responsibility of each participant to ensure that he/she is medically fit to run/walk and to consult a doctor before training for and participating in the race.
 - 9.6 OWN RISK: All runners/walkers participate at their own risk and indemnify the organisers, producers, sponsors, national and provincial sports bodies of any claims, which might arise, The entry form must be signed accordingly.
10. PHOTOGRAPHS: A lot of general photography takes place on the race day. By entering the event, you give permission to the race organisers to use any photograph on which you may appear, on a public platform. This is mainly used to advertise the event.

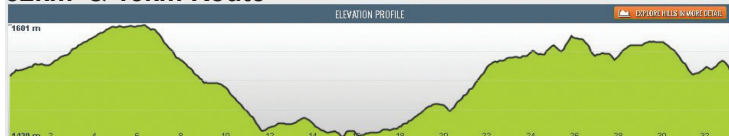
32km & 15km Middelburg To Witbank Dam



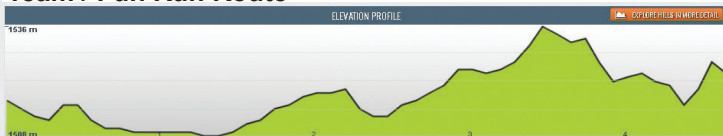
Waterpoints as measured from Middelburg

- 1 2,9 km
- 2 3,8 km
- 3 5,2 km
- 4 7,7 km
- 5 9,0 km
- 6 12,0 km
- 7 13,1 km
- 8 15,6 km
- 9 16,0 km
- 10 17,5 km
- 11 19,9 km
- 12 20,8 km
- 13 21,8 km
- 14 23,4 km
- 15 25,5 km
- 16 27,0 km
- 17 29,4 km
- 18 31,1 km
- 19 Finish

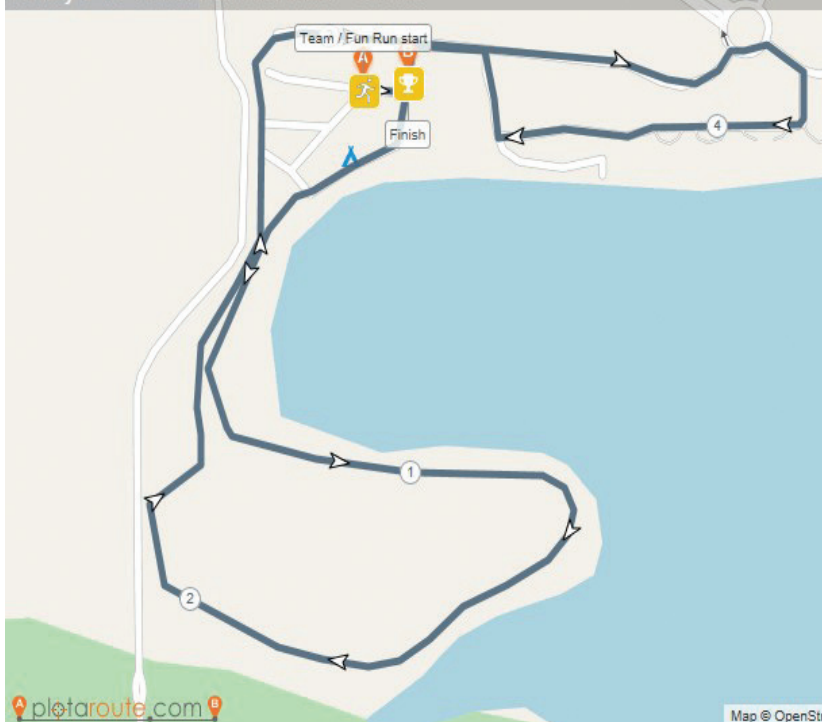
32km & 15km Route



Team / Fun Run Route



Rotary GTR Team / Fun Run Start - 4.64 km



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