



SPUR Night Race

Presented by: Eskom Athletics Club - MPU

6 March 2019

Misty Creek Spur – Ben Fleur Boulevard Emalahleni

17h00 – Entries Start 19h00 – Race starts

4.9KM Fun Run & 10KM

Entry Fee:

4.9KM R30

10KM R60

Temp Licence R40

Spot Prizes R10

| 10KM | Men Runner | Women Runner |
|------------------------|-------------|--------------|
| 1 st Open | R400 | R400 |
| 2 nd Open | R300 | R300 |
| 3 rd Open | R200 | R200 |
| 1 st 40+ | R200 | R200 |
| 2 nd 40+ | R100 | R100 |
| 1 st 50+ | R200 | R200 |
| 1 st 60+ | R200 | R200 |
| 1 st 70+ | R200 | R200 |
| 1 st Junior | R200 | R200 |
| 1 st Walker | R200 Walker | R200 Walker |



Ben Fleur
boulevard



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ASA Rules apply:

- ✓ No seconding will be allowed.
- ✓ No earphones or Walkman's allowed.
- ✓ No dogs.
- ✓ Obey traffic officials and race marshals.
- ✓ Athletes for 10km must be 14 years or older on the day of the race.
- ✓ Races presented according to the rules of ASA & AMPU House rules.
- ✓ All athletes will participate at their own risk.
- ✓ Walkers to have a W on their vest and can only qualify for a walker prize
- ✓ Age category ID. tags must be worn according to ASA rule 22.9.1 (back and front) & it must be clearly displayed for the duration of the event by athletes competing for a category prize and not be covered with rain jackets, hydration pack etc.
- ✓ ASA License No. on the FRONT and back of the vest.
- ✓ Parking at own Risk .
- ✓ NO TOG BAG AREA.
- ✓ Temp License at the front on the vest. Tear of slip must be completed.
- ✓ Race number should not cover the valid ASA licence logo.
- ✓ Age category Tags must be worn to compete for a category prize.
- ✓ I declare that I run at my own risk and indemnify the organisers, sponsors of any responsibility for injury or loss.
- ✓ Category winners must be present at the prize giving ceremony or make prior arrangements to collect the award, failing to do so the athlete will forfeit his/her prize money.
- ✓ Cut-off time: 01:50 hours

Contact Details:

Paul - 082 966 7767

Jonas - 072 512 2188



**Ben Fleur
boulevard**

