

MIDDELBURG MARATHON CLUB STREET MILE



31 JULY 2019 - NIGHT RACE - 18:00

Entry Fee is R 20

USE X TO INDICATE YOUR AGE CATEGORY

Category	Sub-Junior Boys	Sub-Junior Girls	Junior Boys	Junior Girls	Open Men	Open Ladies	40+ Men	40+ Ladies	50+ Men	50+ Ladies	60+ and 70+ Men	60+ and 70+ Ladies
	9 - 13 years old on the date of competition		14 - 19 years old on the date of competition		20 - 39 years old on the date of competition		40 - 49 years old on the date of competition		50 - 59 years old on the date of competition		60 - 69 and 70 - 79 years old on the date of competition	
Mark with X												
Program	18:00		18:15		18:30		18:45		19:00			

First Name: _____

Surname: _____

ID number: _____ Club / School: _____

Cellphone Number: _____ Age: _____

INDEMNITY

I am in good health, physically fit and have trained sufficiently to participate in the event.

I agree to comply with the rules, conditions of entry and regulations for this event which includes payment of the entry fee which cannot be refunded.

I hereby release and discharge, the organisers of the Middelburg Marathon Club Street Mile event, all sponsors, volunteers groups, medical personnel, and any and all local authorities, from any loss or damage, however caused, arising from my participation in the event, including pre-race and post-race activities.

This waiver applies to my executors, heirs, administrators, assigns and myself.

I grant permission to the organisers and sponsors, in section 51 of the Electronic Communications Transaction Act 25 of 200, to use my name, race information and an photographs, video tape, broadcast and or telecast footage in which I may appear, for whatever use, at no charge.

Signature

Parent Signature

Date

IMPORTANT INFORMATION

* Please collect your race nr at registration. **Athletes to report to START 10 min before race.**

* Juniors: Please remember your **"J"** and your ID if you qualify for a prize in one of the junior age groups.

* Category Price Winners: Please remember your **"TAGS"** front and back to qualify for a prize.

* You must be 9 years of age or older to participate in the MMK Street Mile event.

* This event is presented under the AMPU House rules and ASA rules.

* For more information: Magda Pretorius at 072 593 7646 or Piet Schoeman at 072 791 0378 or at admin@midmk.co.za

NB!!

Starting Times are VERY Important

No Prams allowed on the route

Note:

- 1) Registration @ Event City 17h00
- 2) Start @ Tyrelube Highveld
- 3) Finish @ Event City
- 4) Run in Club Colours

ROUTE



KIDDIES CORNER @ R5/Child
LIGHT MEALS AND
DRINKS AT EVENT CITY