

Come and experience the scenic, challenging route through the estate.

## **Sat, 14 March 2020**

**Family fun** 

Start time:

06:30 (10km / 21km)

06:45 (4km fun / walk)

Start/Finish:

**Bateleur Estate** 

Directions: take Ferreira Street towards Steiltes, around Bateleur Estate circle,

past Shandon Estate on left, turn right at The Rest road for 2km

**Prizes:** 

Medals for all finishers

Cash prizes to all category winners

**Enquiries:** Club - 082 801 3600



No dogs No bikes

## 10VM CATECODY DDIZEC

TURM CATEGORY PRIZES				
1st jnr male	R300	1st male walker	R300	
1st jnr female	R300	1st female walker	R300	
1st male 40+	R300	3rd male open	R300	
1st female 40+	R300	2nd male open	R400	
1st male 50+	R300	1st male open	R600	
1st female 50+	R300	3rd female open	R300	
1st male 60+	R300	2nd female open	R400	
1st female 60+	R300	1st female open	R600	

Fun run lucky runner

- Hamper 1st Pram - Hamper

## 21KM CATEGORY PRIZES

1st jnr male	R400	1st male walker	R400	
1st jnr female	R400	1st female walker	R400	
1st male 40+	R400	3rd male open	R400	
1st female 40+	R400	2nd male open	R500	
1st male 50+	R400	1st male open	R700	
1st female 50+	R400	3rd female open	R400	
1st male 60+	R400	2nd female open	R500	
1st female 60+	R400	1st female open	R700	

**Organised by Nedbank LVCC Running Club** The event is run according to ASA and IAAF rules

Sales Enquiries 079-155-1600 • www.bateleurestate.co.za • SMS Bateleur to 33600 GPS: 25°31′30.69″S 30°59′48.14″E (sms rate of R1.50 applies)

Participate in this remembrance day honouring someone you have loved and lost. Bring a photo of your loved one for our remembrance wall. Date: Saturday, 14 March 2020 **Start time:** 06:30 (10km / 21km) 06:45 (4km fun run / walk) - At Bateleur Estate on 13 March 2020, 16:00 -18:00 - On race day 05:15 - Online entries: www.entryrush.co.za Pre-entries close on 12 March 2020 Scenic, challenging route Route: start and finish at Bateleur Estate **Surname:** Name: ID: Male **Female** Age E-mail: \_\_\_\_\_\_ 2020 License no: \_\_\_\_\_\_ Temporary Licenses: R40 (for the 10km & 21km only) R70 - 10km Race cost: R30 - 4km R100 - 21km \_\_ Province: \_\_\_\_\_ Club name: Category: | W 60+ I declare that I am an amateur and shall participate according to the rules laid down at my own risk and that I indemnify the organizers and sponsors of this race against any claim which may result from my participation. Residents of Bateleur and family free for 4km race. Competitors signature: \_ (Parent or guardian if under the age of 21 years of age) REFEREES DECISION IS FINAL · Obey all traffic officials and race marchals. The race will be run according to the rules of the AMPU, ASA and the WA. No seconding will be allowed. Athletes for 10km must be 14 years or older on the day of th race Athletes for 21.1km must be 16 years or older on the day of the race Proof of age (ID) to be produced upon request on day of race
 All athletes will participate at their own risk Registered athletes must wear full club colours
2020 license number on the front and back of the vest. ASA license number must not be covered with any paper race number / bib. · Temp license at the front of the vest Remember to fill in the temporary license tear-off slip and give back to the organizer
Age category ID tags must be worn (back and front) by athletes competing for a category prize AND must be fixed on the vest on all four corners
Walkers must have a fixed W on the vest to qualify for any prizes
12% levy of entry fee must be paid over to Athletics Mpumalanga be race organizer
No I-pods or earphones allowed during the race

Athletes, entering for this event, and use medication to treat an illness or condition which fall under the Prohibited List, should complete a Therapeutic Use Exemption (TUE) form before entering for the event and obtain authorization from SAIDS to take the needed medicine or method."
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No littering. Use trash cans along the route. Run clean.