



# SPUR Night Race

Presented by: Eskom Athletics Club - MPU

## 4 March 2020

### Misty Creek Spur

### Ben Fleur Boulevard - Emalahleni

17h00 – Entries Start 19h00 – Race starts

4.9KM Fun Run & 10KM

Entry Fee:

4.9KM R40

10KM R60

Temp Licence R40

Spot Prizes R10

10KM	Men Runner	Women Runner
1 <sup>st</sup> Open	R500	R500
2 <sup>nd</sup> Open	R350	R350
3 <sup>rd</sup> Open	R250	R250
1 <sup>st</sup> 40+	R250	R250
2 <sup>nd</sup> 40+	R150	R150
1 <sup>st</sup> 50+	R200	R200
1 <sup>st</sup> 60+	R200	R200
1 <sup>st</sup> 70+	R200	R200
1 <sup>st</sup> Junior	R200	R200
1 <sup>st</sup> Walker	R200 Walker	R200 Walker



Ben Fleur  
boulevard



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**ASA Rules apply:**

- ✓ No seconding will be allowed.
- ✓ THE USE OF ANY TYPE OF EARPHONES IS NOT ALLOWED ON THIS RACE AND WILL LEAD TO DISQUALIFICATION.
- ✓ No dogs.
- ✓ Obey traffic officials and race marshals.
- ✓ Athletes for 10km must be 14 years or older on the day of the race.
- ✓ Races presented according to the rules of ASA & AMPU House rules.
- ✓ All athletes will participate at their own risk.
- ✓ Walkers to have a W on their vest and can only qualify for a walker prize
- ✓ Age category ID. tags must be worn according to ASA rule 22.9.1 (back and front)& it must be clearly displayed for the duration of the event by athletes competing for a category prize and not be covered with rain jackets, hydration pack etc.
- ✓ ASA License No. on the FRONT and back of the vest.
- ✓ Parking at own Risk .
- ✓ NO TOG BAG AREA.
- ✓ Temp License at the front on the vest. Tear of slip must be completed.
- ✓ Race number should not cover the valid ASA licence logo.
- ✓ I declare that I run at my own risk and indemnify the organisers, sponsors of any responsibility for injury or loss.
- ✓ Category winners must be present at the prize giving ceremony or make prior arrangements to collect the award, failing to do so the athlete will forfeit his/her prize money.
- ✓ Cut-off time: 01:50 hours

**Contact Details:**

**Paul - 082 966 7767**

**Jonas - 072 512 2188**



**Ben Fleur  
boulevard**

